


February 2019 Menu

<p>Milk Served with Every Meal.</p> 				<p>1 Spaghetti w/Meatballs Brussel Sprouts Diced Pears Italian Bread w/Marg.</p> <p>Opt B: Steak Salad</p>
<p>4 BIRTHDAY LUNCH Roast Pork w/Gravy Mashed Potatoes Italian Blend Vegetables Apricot Halves White Cake w/Icing</p> <p>Opt B: Chicken Cheese Caesar Salad w/Caesar dressing</p>	<p>5 BBQ Chicken Brown Rice Pilaf Green Beans Mandarin Oranges Rye Bread w/Marg.</p> <p>Opt B: Ham Salad Croissant Sandwich</p>	<p>6 Chile w/Cheese Mixed Green Salad w/Grape Tomatoes Ranch Dressing Fresh Apple Corn Muffin</p> <p>Opt B: Bacon/turkey/ Ham Club Salad</p>	<p>7 Roast Turkey w/Gravy Mashed Potatoes Winter Blend Veggies Cranberry Salad Wheat Dinner Roll w/Margarine</p> <p>Opt B: Seafood Chef Salad w/raspberry vinaigrette dressing</p>	<p>8 Hot Dog on Bun Baked Beans Melon Cup</p> <p>Opt B: Greek Chicken Salad</p>
<p>11 Macaroni & Cheese Stewed Tomatoes Three Bean Salad Pineapple Tidbits</p> <p>Opt B: Italian Croissant</p>	<p>12 Salisbury Steak w/ Gravy Mashed Potatoes Wax Beans Fresh Orange Whole Wheat Roll w/Margarine</p> <p>Opt B: Turkey Chef Salad</p>	<p>13 Potato Crusted Cod Tarter Sauce Scalloped Potatoes Cole Slaw Applesauce</p> <p>Opt B: Veggie/Cheese Wrap</p>	<p>14 VALENTINE'S DAY Stuffed Chicken Breast Parsley Potatoes Mixed Vegetables Fruit Cup Cherry Pie</p> <p>Opt B: Ham/Cheese Chef Salad</p>	<p>15 Vegetable Lasagna Mixed Green Salad w/Eggs Diced Peaches Italian Bread w/Marg.</p> <p>Opt B: Seafood/Cheese Salad w/raspberry vinaigrette dressing</p>
<p>18</p> <p>CLOSED PRESIDENTS' DAY</p>	<p>19 Marinated Pork Chop Au Gratin Potatoes Normandy Vegetables Baked Apples Corn Muffin w/Marg.</p> <p>Opt B: Bacon/Turkey/ Ham Club Hoagie</p>	<p>20 Baked Chicken w/Gravy Seasoned Whole Mini Potatoes Peas Tropical Fruit Salad Whole Wheat Roll w/Margarine.</p> <p>Opt B: Ham/Swiss Pretzel Sandwich</p>	<p>21 Stuffed Pepper Mashed Potatoes Corn Creamed Cucumbers Fresh Citrus Salad</p> <p>Opt B: Taco Salad</p>	<p>22 Egg Omelet w/Cheese Sausage Link Fresh Banana Whole Grain Muffin V-8 Juice</p> <p>Opt B: Tuna/Egg Chef Salad</p>
<p>25 Meatloaf Scalloped Potatoes Sliced Carrots Mandarin Oranges</p> <p>Opt B: Southwest Chicken Salad</p>	<p>26 Ham Pot Pie Tossed Salad w/Cheese & Grape Tomatoes Italian Dressing Fresh Apple Rye Bread w/Marg..</p> <p>Opt B: Steak Salad</p>	<p>27 Creamed Chicken over Biscuit Peas & Carrots Pineapple Tidbits Cottage Cheese</p> <p>Opt B: Ham/Cheese Chef Salad</p>	<p>28 Rigatoni w/Meat Sauce Broccoli Florets Mozzarella Cheese Stick Tropical Fruit</p> <p>Opt B: Italian Hoagie</p>	

****So you can enjoy a relaxed and comfortable dining experience, reservations are recommended. Lunch is served at each center at 11:30 AM. Please call the Center you plan on attending by 11:30 AM the day before. Please indicate your preference for the hot meal or Salad/Café meal (Option B). The menu is subject to change due to typographical errors or other unforeseen circumstances.**