





July 2018 Menu

<p>2 Macaroni & Cheese Stewed Tomatoes Three Bean Salad Apricot Halves</p> <p>Opt. B: Italian Pretzel Sandwich</p>	<p>3 INDEPENDENCE DAY LUNCH Cheese burger /Bun Lettuce/Tomato Baked Beans Pickled Beets/Egg Melon Fruit Salad</p> <p>Opt. B: Turkey Chef Salad</p>	<p>4 Center Closed for Holiday</p> 	<p>5 BBQ Beef Sandwich/ Wheat Bun Mozzarella Cheese Stick Pasta Salad Pineapple Tidbits</p> <p>Opt. B: Ham /Cheese Salad</p>	<p>6 Baked Ham w/ Pineapple Glaze Sweet Potato Patty Peas Diced Pears Rye Bread w/Marg.</p> <p>Opt. B: Seafood/Cheese Salad</p>
<p>9 BIRTHDAY LUNCH Baked Chicken w/Gravy Mashed Potatoes Normandy Vegetables Mandarin Oranges Chocolate Cake w/Icing</p> <p>Opt. B: Tuna/Egg Salad</p>	<p>10 Stuffed Peppers Seasoned Mini Potatoes. Brussels Sprouts Diced Peaches</p> <p>Opt. B: Bacon/Turkey/Ham Club Wrap</p>	<p>11 Baked Smoked Sausage Brown Rice Pilaf Glazed Carrots Fruit Cup</p> <p>Opt. B: Shrimp/Cheese Salad</p>	<p>12 Vegetable Soup Chicken Salad on Whole Grain Bread Coleslaw Fresh Orange Crackers</p> <p>Opt. B: Ham/Swiss Cheese Croissant</p>	<p>13 Rigatoni w/ Meat Sauce. Mixed Green Salad w/ Tomato & Cheese Applesauce Italian Bread w/Marg.</p> <p>Opt. B: Chicken/Cheese Caesar Salad</p>
<p>16 Creamed Chicken Over Biscuit Peas & Carrots Citrus Fruit Salad Brownie</p> <p>Opt. B: Ham/Cheese Chef Salad</p>	<p>17 Porcupine Meatballs Scalloped Potatoes Broccoli Florets Apricot Halves Wheat Roll w/Marg..</p> <p>Opt. B: Turkey/Ham/Cheese Chef Salad</p>	<p>18 Ham Pot Pie Mixed Green Salad w/ Tomato & Cheese Fresh Banana Rye Bread w/Marg.</p> <p>Opt. B: Steak Salad</p>	<p>19 Salisbury Steak w/ Gravy Mashed Potatoes Mixed Vegetables Fresh Peach Wheat Bread w/Marg.</p> <p>Opt. B: Cheese/Egg Garden Salad</p>	<p>20 Breaded Cod w/ Tartar Sauce Cheesy Hash Browns Capri Vegetables Baked Apples</p> <p>Opt. B: Southwest Chicken Salad w/ Southwest Dressing</p>
<p>23 Ham Loaf w/Raisin Sauce Au Gratin Potatoes Green Beans Diced Pears</p> <p>Opt. B: Veggie/Cheese Hoagie</p>	<p>24 BBQ Chicken Potato Salad Baked Beans Fruit Medley Wheat Roll w/Marg.</p> <p>Opt. B: Bacon/Turkey/Ham Club Salad</p>	<p>25 Vegetable Soup Egg Salad Sandwich on Whole Grain Bread Mandarin Oranges Cucumber Salad Crackers.</p> <p>Opt. B: Ham Salad Croissant Sandwich</p>	<p>26 Vegetable Lasagna Mixed Green Salad w/ Cheese Applesauce</p> <p>Opt. B: Seafood Chef Salad</p>	<p>27 Roast Pork w/Gravy Mashed Potatoes Peas Tropical Fruit Salad</p> <p>Opt. B: Greek Chicken Salad w/ Caesar Dressing</p>
<p>30 Chopped Steak w/ Gravy Mashed Potatoes Succotash Melon Fruit Cup Corn Muffin w/Marg.</p> <p>Opt. B: Southwest Chicken wrap w/Southwest Dressing</p>	<p>31 Ham. Green Beans & Potatoes Mixed Green Salad w/ Eggs Diced Peaches Yogurt Dinner Roll w/Marg.</p> <p>Opt. B: Turkey Chef Salad</p>		<p>Milk Served with Every Meal.</p> 	

****So you can enjoy a relaxed and comfortable dining experience, reservations are recommended. Lunch is served at each center at 11:30 AM. Please call the Center you plan on attending by 11:30 AM the day before. Please indicate your preference for the hot meal or Salad/Café meal (Option B). The menu is subject to change due to typographical errors or other unforeseen circumstances.**