

July 2018 Center Activities

BOSWELL AREA SENIOR CENTER

332 Stonycreek Street
 Boswell, PA 15531
Center Manager: Beth Hollis
 Phone: Mon. (814) 629-9926 or
 Tues.— Fri. (814) 445-7772
 E-mail: bhollis@somersetaaa.org
Hours of Operation:
 Monday 8:30 AM-1:30 PM
Daily Activities:
 Pool Table, Volunteer Opportunities.
Wi-Fi Available

- 2 10 AM "Price is Right" w/Dustin from Grane at Home
- 9 9 to 11 AM Outreach Vendors
- 16 10:30 Gateway Health Eye Test
- 19 10 AM Senior Picnic at Laurel Arts
- 23 10 AM Music w/Rich Hagens
- 30 10:30 Bingo w/Durell from Sr. Life



Monday Activities:
 12 PM Bingo



CENTRAL CITY AREA SENIOR CENTER

103 Sunshine Avenue
 Central City, PA 15926
Center Manager: Carol Turner
 Phone: (814) 754-5615
 E-mail: cturner@somersetaaa.org
Hours of Operation:
 Mon - Thurs 9AM - 2:30 PM, Closed Friday
Daily Activities: Exercise Machines, Volunteer Opportunities, Computer and Crafts
Wi-Fi Available

- 2 10:30 Music w/ Denise Baldwin
- 3 10:30 Battle of the Sexes (Ladies vs. Men)
- 4 **CLOSED FOR HOLIDAY**
- 5 10:30 Morning Bingo
- 9 9:30 Health Fair w/ Several Vendors

- 10 Meadows Casino Trip
- 11 Van to Ideal Market & Conzatti's
- 12 BBQ Covered Dish Dinner
- 16 Free BP Checks w/ Somerset Hospital
- 17 Corn Hole Game
- 18 Van to Somerset

- 19 Senior Picnic
- 23 Music w/Kenny Fetterman
- 24 Corn Hole Game
- 26 Trivia w/Kitty
- 26 Picnic at Yough Over Flow Pavilion
- 30 Music w/Tom Voytas
- 31 Morning Bingo

Monday: Thursday-
 Exercise Equipment and Zumba 6-8 PM
Wednesdays : 10 AM
 Exercise class w/Jan



CONEMAUGH TOWNSHIP AREA SENIOR CENTER

959 South Main Street
 Hollsopple, PA 15935
Center Manager: Christine Saylor
 Phone (814) 479-2216
 E-Mail: csaylor@somersetaaa.org
Hours of Operation:
 Mon - Thurs 9:00 AM - 2:30 PM
 Closed Fridays
Daily Activities: Wi-Fi, Exercise Equipment, Volunteer Opportunities, Cards Games
Geri Fit - Tuesdays at 10 AM;
Exercise Class Thursdays at 10AM

- 2 12 PM Grocery Bingo
- 3 12 PM Crochet Circle
- 4 **CLOSED FOR HOLIDAY**
- 5 12 PM CT Library Movie Matinee
- 9 12 PM Corn Hole
- 11 Wii Bowling Championship
- 12 11 AM Free BP

- Checks w/Somerset Home Health
- 12 12 PM Somerset Co. Drug & Alcohol Seminar
- 16 12 PM Juice Bingo
- 17 12 PM Crochet Circle
- 19 Sr. Picnic Laurel Arts.
- 23 12PM Sr. Life Bingo

- 26 10AM to 2PM Confluence Picnic
- 30 12PM Corn Hole
- 31 12PM Crochet Circle



Mon & Thurs. : 9AM to 2PM Exercise Room
Tues.: 10 AM Geri Fit
Thurs.: 9-1 Quilting; 10 AM Exercise Class w/Jan
 2nd Tues. of Month: AP-PRISE Counseling by Appt.
 Wii Bowling

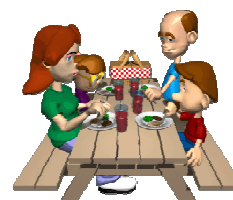
CONFLUENCE AREA SENIOR CENTER

700 Reynolds Street
 Confluence, PA 15424
Center Manager: Julie Yinkey
 Phone: (814) 395-5117
 E-mail: jyinkey@somersetaaa.org
Hours of Operation:
 Mon—Thurs 9:00 AM - 2:30 PM
 Closed Fridays
Daily Activities: Volunteer Opportunities, Crafts, Computer Use, Tutoring, Exercise Equipment, Puzzles, Games, Music, Wii Games
 9 AM Coffee Social, **Noon Bingo;**
Wi-Fi Available

- 3 10AM APPRISE
- 4 **CLOSED FOR HOLIDAY**
- 5 10 AM Music w/Tom and Carolyn Frick
- 5 10AM Free BP Checks
- 6 Trip to Somerset
- 9 Word Search Puzzle
- 10 9AM Free BP Checks

- 11 Trip to Sr. Center Wii Bowling Finals
- 12 11AM Music by Sam McClintock
- 13 Trip to Pechin's
- 18 10 AM Guest Speaker Rep. Matt Dowling
- 19 10AM to 2PM Sr. Picnic at Laurel Arts
- 20 Trip to Uniontown

- 23 Word Search Puzzles
- 26 10 AM Sr. Center Picnic at Yough Over Flow Pavilion
- 27 Trip to Somerset



Monday-10 AM Exercise

Tuesday-10 AM Theology class w/Pastor Dean; 6:30 PM Tootsie Rollers

Wednesday-10 AM Exercise,
Thursday-10 AM Exercise, 11AM Wii Games; 6:30 PM Tootsie Rollers

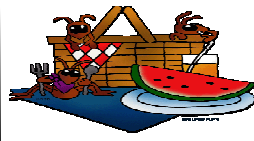
MEYERSDALE AREA SENIOR CENTER

**120 North Street
Meyersdale, PA 15552**
Center Manager: Cinda Yinkey
 Phone: (814) 634-0713
 E-Mail: cyinkey@somersetaaa.org
Hours of Operation:
 Mon - Thurs 9:30 AM - 3 PM
 Fri 9:30 AM - 1:30 PM
Daily Activities: Cards, Puzzles, Volunteer Opportunities, Exercise Equipment, Bingo at 11 AM
 Tues & Thurs. APPRISE, Wed. Exercise Class; **Wi-Fi Available**

- 3 10:30 Free BP Checks w/ Lori Kuffman
- 4 **CLOSED FOR HOLIDAY**
- 16 10:15 Guest Speaker Rep. Carl Metzgar
- 17 10:30 Free BP Checks w/Amy Hoffman

- 19 Senior Picnic at Laurel Arts - Call Center for Tickets
- 23 10:15 Somerset Co. Drug & Alcohol Sarah Bittner
- 24 6 to 8 PM Night Bingo
- 24 1:45 PM Mobile Food Bank

- 25 10:15 Free BP Checks w/Debbie
- 26 10 AM Picnic at Yough Dam Over Flow. Call Center for Details.



Mon., Tues & Thurs.:
11AM Bingo
Tues.& Thurs.:
APPRISE by Appt.
Wed. & Fri. : 11 AM Juice Bingo
Mon.— Fri.: Wii Bowling
 SPRING Wii Bowling

SOMERSET AREA SENIOR CENTER

**1338 S Edgewood Avenue
Somerset, PA 15501**
Center Manager: Beth Hollis
 Phone (814) 445-7772
 E-Mail: bhollis@somersetaaa.org
Hours of Operation:
 Mon - Fri 8 AM - 3 PM
Daily Activities: Exercise Equipment, Cards, Games, Volunteer Opportunities, Wii Games, Bingo 9:30 AM
 Military Support Group, 6:30PM Mondays contact Gladen Maust (814) 893-5686
 Wed. Beginner Crochet Classes
 Healthy Steppers: Wed & Fri 12:15 PM;
 TOPS: 6 PM Thursdays
Wi-Fi Available

- 2 12:30 Wii Bowling
- 4 **Closed for 4th of July**
- 6 10:30 Music w/ Rocko the DJ
- 6 10:30 Geri-Fit Class
- 6 Friday Night Bingo w/Doors Open at 4
- 10 9AM Painting Class
- 11 10:30 Music w/Denis Baldwin
- 11 9 AM to 1PM Massages w/Mandy Menser for \$10.

- Call Center to Sign Up.
- 13 10:30 Gateway Health Eye Test
- 13 10:30 Geri Fit Class
- 16 12:30 Wii Bowling
- 18 10:30 Music w/Rich Hagens
- 20 10:30 Three Rivers Hospice Therapy Dogs
- 24 9 AM Painting Class

- 24 1 PM Blind Support Group Meeting
- 25 10:30 Music w/John Wolfe
- 26 9AM to 1PM Massages w/Mandy Menser for \$10.
- 27 10:30 LAST Geri-Fit Class
- 30 12:30 Wii Bowling

Center Highlights:
 *Beginners Computer Classes start. Call Center to sign up.
 *Tai-Chi Classes Start in August



CENTER FOR LIFE

**700 Fifth Street, Suite 200
Windber, PA 15963**
Center Manager:
 Jessica Alexander
 Phone: (814) 467-5912
 E-Mail; jalexander@somersetaaa.org
Hours of Operation:
 Mon - Fri 8 AM - 4 PM
Daily Activities:
 Early Morning Coffee Social Group, Breakfast 8:00-10:00 AM
 Indoor Walking Track, Cards/Games, Jigsaw Puzzles, Volunteer Opportunities, Exercise Equipment
 Every Tuesday at 6:00 PM—Game Night: Poker, Pinochle, Wii, Scrabble, Rummicube, Hearts, Mexican Train
 Wii Wheee Event every Thursday at 6 PM.
 Line Dancing Classes Fridays 6 PM
Wi—Fi Available

- 3 10:30 Game Day
- 4 **CLOSED FOR HOLIDAY**
- 5 10:30 Sr. Life Bingo
- 10 Craft Day
- 11 Wii Championship Tournament - Place to be Announced
- 11 Game Day
- 12 10:30 Grocery Bingo
- 17 10:30 Prize Bingo
- 18 10:30 Sr. Life Game Day

- 19 Sr. Picnic at Laurel Arts. Call Center for Tickets
- 24 10:30 Music by John Wolfe
- 25 Game Day
- 26 Confluence Picnic at the Yough Dam Over Flow. Call Center for Details.

Available Weekly at Center For Life:
Mon: 8 AM Tap Dance Class; 8:30 AM Poker; 10:30 Strong Bones Exercise Class; 12:30 Pinochle Club
Tues: 10:30 AM Body Strengthening Class; 12:30 Mahi Jong; 12:30 Wii Bowling; 12:30 Bingo
Wed: 8 AM Tap Dance; 8:30 AM Poker; 12:30 PM Bingo; 12:30 PM Pinochle Club; 9:30-11:30 AM Computer Class-Intermediate and Advanced Windows 7 and Windows 8.1; 12:30 Bingo
Thurs: 10:00 AM Free Tai Chi Class; 12:30 PM Mahjong; 12:30 Bingo; 6 PM Game Night
Fri: 8 AM Tap Dance Class; 8:30 AM Poker; 9:30 AM Chorus; 10:30 AM Strong Bones Exercise Class; 12:30 PM; Pinochle Club—All classes open to the public and FREE
Every 1st and 3rd Friday : Doctor Ordered Blood Work 8 -10 AM

