

February 2019 Center Activities

BOSWELL AREA SENIOR CENTER

332 Stonycreek Street
Boswell, PA 15531
Center Manager: Beth Hollis
 Phone: Mon. (814) 629-9926 or
 Tues.—Fri. (814) 445-7772
 E-mail: bhollis@somersetaaa.org
Hours of Operation:
 Monday 8:30 AM-1:30 PM
Daily Activities: Volunteer Opportuni-
 ties.
Wi-Fi Available

- 4 10:30 Trivia Games w/Siemons
- 11 10:30 AAA Community Health Nurse Seminar—Medication Management
- 18 Closed for Presidents Day
- 25 10:00 Music w/Rich Hagens

Monday Activities:
 12 PM Bingo



CENTRAL CITY AREA SENIOR CENTER

103 Sunshine Avenue
Central City, PA 15926
Center Manager: Carol Turner
 Phone: (814) 754-5615
 E-mail: cturner@somersetaaa.org
Hours of Operation:
 Mon - Thurs 9AM - 2:30 PM, Closed Fri-
 day
Daily Activities: Exercise Machines,
 Volunteer Opportunities, Computer and
 Crafts

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| 4 10:30 Music w/
Denese Baldwin | 13 Van to Ideal Market
& Conzattis | 21 10:30 AAA
Community Health
Nurse Seminar—
Medication
Management |
| 5 10:00 Valentines Day
Craft | 14 10:30 Valentines Day
Party | 25 Music w/Tom &
Caroline Voytas |
| 6 Van to Bilo | 18 Closed for
President's Day | 26 Battle of the Sexes |
| 7 10:30 Battle of the
Sexes | 19 10:30 Corn Hole | 28 10:30 Trivia w/Kitty |
| 11 10:30 Morning Bingo | 20 Van to Somerset | |
| 12 10:30 Music w/John
Wolf | | |

Monday: 10-11a Geri-Fit
Monday: Thursday-
 Exercise Equipment 9 a.m.-
 2:30 p.m. and 6 p.m.-9 p.m.
 Zumba 6-8 PM
Wednesdays : 10 AM
 Exercise class w/Jan
 Bible Study Class—2nd
 Thursday of the month

CONEMAUGH TOWNSHIP AREA SENIOR CENTER

959 South Main Street
Hollsopple, PA 15935
Center Manager: Christine Saylor
 Phone (814) 479-2216
 E-Mail: csaylor@somersetaaa.org
Hours of Operation:
 Mon - Thurs 9:00 AM - 2:30 PM
 Closed Fridays
Daily Activities: Exercise Equipment,
 Volunteer Opportunities, Cards Games
Geri Fit - Tuesdays at 10 AM;
Exercise Class Thursdays at 10AM

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| 5 12:00 Crochet Circle | 14 Valentine's Day
Party |
| 6 12:00 Bingo | 18 Closed for
President's Day |
| 7 Wii Games | 19 12:00 Crochet Circle |
| 11 12:00 Corn Hole | 20 Wii Games |
| 14 11:00 Free Blood
Pressure with
Somerset Home
Health | 21 12:00 Music Tom &
Carolyn Voytas |

25 12:00 AAA
 Community Health
 Nurse Seminar—
 Medication
 Management



Monday thru Thursday:
 9AM to 2PM Exercise Room
Tuesday: 10 AM Geri Fit
 w/Jan
Thursday 9-12 Quilting;
 10 AM Exercise Class w/Jan
 2nd Tues. of Month:
 APPRISE Counseling by
 Appointment.
Wi-Fi Available

CONFLUENCE AREA SENIOR CENTER

700 Reynolds Street
Confluence, PA 15424
Center Manager: Julie Yinkey
 Phone: (814) 395-5117
 E-mail: jyinkey@somersetaaa.org
Hours of Operation:
 Mon—Thurs 9:00 AM - 2:30 PM
 Closed Fridays
Daily Activities: Volunteer Oppor-
 tunities, Computer Use, Tutoring,
 Exercise Equipment, Puzzles, Games,
 Music, Wii Games
 9 AM Coffee Social, Noon Bingo
Wi-Fi Available

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|--|----------------------------------|
| 1 Trip to Somerset | 13 Word Search Puzzle |
| 5 10:00 Apprise
Appointments | 14 Valentine's Day Party |
| 6 Craft | 15 Trip to Uniontown |
| 7 Blood Pressure | 18 Closed for President's
Day |
| 8 Trip to Pechins | 22 Trip to Somerset |
| 11 10:30 AAA
Community Health
Nurse Seminar—
Medication
Management | 25 Word Search Puzzle |

Chronic Disease
 Self-
 Management
 Classes coming
 soon! Call the
 senior center for
 more details or
 to sign up. Lim-
 ited space
 available.

Monday-10 AM Exercise
Tuesday-10 AM Theology
 class w/Pastor Dean; 6:30
 PM Tootsie Rollers
Wednesday-
 10 AM Exercise
Thursday-10 AM Exercise,
 11 AM Wii Games; 6:30 PM
 Tootsie Rollers

MEYERSDALE AREA SENIOR CENTER

**120 North Street
Meyersdale, PA 15552**
Center Manager: Cinda Yinkey
 Phone: (814) 634-0713
 E-Mail: cyinkey@somersetaaa.org
Hours of Operation:
 Mon - Thurs 9:30 AM - 3 PM
 Fri 9:30 AM - 1:30 PM
Daily Activities: Cards, Puzzles,
 Volunteer Opportunities, Exercise
 Equipment, Bingo at 11 AM
 Wed. Exercise Class
Wi-Fi Available

- 4 1:00 Bingo
- 5 10:30 AAA Community Health Nurse-Seminar Medication Management
- 6 11:00 Grocery Bingo-Bring an item
- 6 Wii Bowling
- 8 11:00 Bingo-Juice/Snack
- 11 \$1 Root Beer Float

- 13 Exercise—Try our new Exercise Equipment
- 13 Wii Bowling
- 14 Valentine's Day Party
- 18 Closed President's Day
- 19 10:30 Free Blood Pressures w/ Somerset Home Health/Elizabeth

- 20 Exercise—Try our new Exercise Equipment
- 20 Wii Bowling
- 22 10:30-12 Senior Box
- 26 10:30 Free Blood Pressures w/ Hospice
- 27 Wii Bowling

Mon., Tues. & Thurs.:
 11AM Bingo
Tues. & Thurs.:
 APPRISE by Appt.
Wed. & Fri. : 11 AM
 Juice Bingo
Mon.— Fri.: Wii
 Bowling

SOMERSET AREA SENIOR CENTER

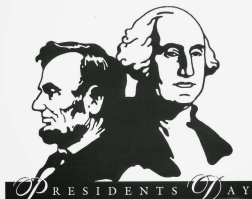
**1338 S Edgewood Avenue
Somerset, PA 15501**
Center Manager: Beth Hollis
 Phone (814) 445-7772
 E-Mail: bhollis@somersetaaa.org
Hours of Operation:
 Mon - Fri 8 AM - 3 PM
Daily Activities: Exercise Equipment,
 Cards, Games, Volunteer Opportunities,
 Wii Games, Bingo 9:30 AM
 Military Support Group, 6:30PM Mondays
 contact Gladen Maust (814) 893-5686
 Wed. & Fri: Beginner Crochet Classes
 Healthy Steppers: Wed & Fri 12:30 PM;
 Thursday: Tai Chi for Arthritis 12:30
 TOPS: 6 PM Thursdays
Wi-Fi Available

- 1 10:30 Music w/ Rocko the DJ
- 4 12:30 Wii Bowling
- 6 Music w/Denese Baldwin
- 7 9 to 1 Massages w/ Mandy Menser \$10
- 8 10:30 Craft w/ Three Rivers Hospice
- 11 12:30 Wii Bowling
- 13 10:30 Music w/Rich Hagens

- 15 10:30 Valentine's Day Party
- 18 Closed for President's Day
- 19 1:00 Music w/The Doc's Boy's
- 20 10:30 AAA Community Health Nurse Seminar— Medication Management
- 21 9 to 1 Massages w/Mandy Menser \$10

- 22 10:30 Music w/Eric Harris
- 25 12:30 Wii Bowling
- 26 1:00 Blind Support Group Meeting
- 27 10:00 Free Blood Pressures w/ Mainline Pharmacy

Center Highlights:
 Tai Chi for Arthritis 12:30
 Every Thursday
 Chronic Disease Self-Management Classes coming soon! Call the senior center for more details or to sign up. Limited space available.



CENTER FOR LIFE

**700 Fifth Street, Suite 200
Windber, PA 15963**
Center Manager: Elaine Wagner
 Phone: (814) 467-5912
 E-Mail: ewagner@somersetaaa.org
Hours of Operation:
 Mon - Fri 8 AM - 4 PM
Daily Activities:
 Early Morning Coffee Social Group,
 Breakfast 8:00-10:00 AM
 Indoor Walking Track, Cards/Games,
 Jigsaw Puzzles, Volunteer Opportuni-
 ties, Exercise Equipment
 Every Tuesday at 6:00 PM—Game
 Night: Poker, Pinochle, Wii, Scrabble,
 Rummicube, Hearts, Mexican Train
 Wii Wheee Event every Thursday at 6
 PM.
 Line Dancing Classes Fridays 6 PM
Wi—Fi Available

- 5 Puzzle Day
- 6 10:30 AAA Community Health Nurse
- 7 Bingo—Windber Woods
- 12 Blood Pressure Checks
- 13 Grocery Bingo-Please bring an item
- 14 Valentine's Day Party- Wear Red
- 18 Closed for President's Day
- 19 Game Day
- 20 Small Prize Bingo

- 21 Let's Chat
- 26 Word Search
- 27 Pictionary
- 28 Trivia

**HAPPY
GROUND-
HOG
DAY!**

Available Weekly at Center For Life:

- Mon:** 8 AM Tap Dance Class; 8:30 AM Poker; 10:30 Strong Bones Exercise Class; 12:30 Pinochle Club
- Tues:** 10:30 AM Body Strengthening Class; 12:30 Mahi Jong; 12:30 Wii Bowling; 12:30 Bingo
- Wed:** 8:30 AM Poker; 12:30 PM Bingo; 12:30 PM Pinochle Club; 9:30-11:30 AM Computer Class-Intermediate and Advanced Windows 7 and Windows 8.1; 12:30 Bingo
- Thurs:** 10:00 AM Free Tai Chi Class; 12:30 PM Mahjong; 12:30 Bingo; 6 PM Game Night
- Fri:** 8 AM Tap Dance Class; 8:30 AM Poker; 9:30 AM Chorus; 10:30 AM Strong Bones Exercise Class; 12:30 PM; Pinochle Club—All classes open to the public and FREE

Every 1st and 3rd Friday : Doctor Ordered Blood Work 8-10 AM