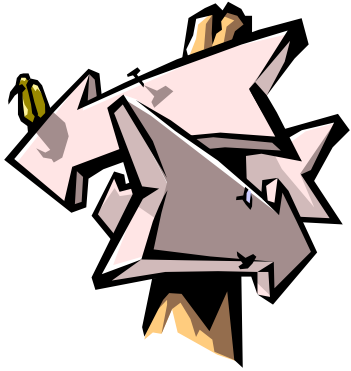


DO YOU NEED DIRECTIONS?




Please feel free to call the Senior Center Services Director at 814-467-5912 during normal business hours.

FIND OUT MORE...

The “**SENIOR NEWS**” newsletter is a monthly publication that contains a schedule of monthly activities and a monthly lunch menu for the Windber Center For Life as well as the other six centers located in Somerset County.

If you would like to receive “**SENIOR NEWS**”, please contact the Area Agency on Aging of Somerset County at (814) 443-2681 or (800) 452-0825 or the Windber Center For Life at (814) 467-5912 to be placed on the mailing list.

 Windber Center For Life
700 Fifth Street, Suite 200
Windber, PA 15963

Welcome
to the
**CENTER
FOR LIFE
SENIOR
COMMUNITY CENTER**



We look forward to seeing you!



Located at:
**700 Fifth Street, Suite 200
Windber, PA 15963
814-467-5912**



CENTER HISTORY

In December of 1999, the Area Agency on Aging of Somerset County formed a partnership with the Windber Medical Center to combine resources and relocated the Windber Area Senior Community Services Center to a newly constructed site within the Medical Center at 700 5th Street, Windber.

The center was appropriately named the “**Center For Life**” where participants are encouraged to keep their minds, bodies, and spirits active and healthy to improve or maintain the quality and substance of their lives.

ABOUT THE CENTER

The Windber Center For Life is operated by the Area Agency on Aging of Somerset County and is managed by Senior Services Director, Eleanor Pile.

The Center offers a welcoming, pleasant atmosphere where people can feel comfortable and valued. Activities are planned to lend to the enjoyable experience for all who attend. No membership fee or county affiliation is required. The parking lot is well lit for safety during the evening hour programs and classes.

Transportation is available through Somerset County Transportation System Monday through Friday by calling 1-800-452-0241.



The center is
handicapped accessible.

THINGS TO DO

A pleasing variety of activities are scheduled every month including:

- *Entertainment
 - *Educational Speakers
 - *Center For Life Chorus
 - *Tap Dance Classes
 - *Line Dance Classes
 - *Day & Evening Dance Parties
 - *Exercise Classes
 - *Computer Classes-Beginners & Advanced
 - *Book Club
 - *Movie Night
 - *Holiday & Birthday Parties
 - *Special Dinners
 - *Table Tennis
 - *Day & Extended Week Long Trips
 - *Wii Games & Fitness
 - *Wii Bowling Leagues
 - *Poker *Pinochle *Bingo
 - *Evening Events
 - *Puzzles & Games
 - *Mahjong *Scrabble *Rummicube
 - *Health Screenings
 - *Blood Pressure Checks
 - *Blood Sugar and Cholesterol Testing
 - *Medication Management
 - *Appointments with Medical Specialists
 - *Doctor Ordered Blood Tests
 - *APPRISE Insurance Counseling
 - Caregivers Support Group
 - **Volunteer Opportunities**
 - ...and much, much more!**
- You may also contact us by e-mail:
epile@somersetaaa.org
Or search for us online at:
www.somersetaaa.org

HOURS OF OPERATION

8:00 AM– 4:00 PM

MONDAY – FRIDAY

Breakfast served daily 8:00 – 10:00

Lunch served daily at 11:30.



Note - Please call by 12:00 the day before you plan to join us to reserve lunch.

WHY SHOULD YOU VISIT US?

You will find friendship, entertainment, fun times, learning opportunities, and volunteer opportunities to brighten your daily routine. There are many different activities going on each day to suit a variety of tastes and many different classes offered to learn a new skill.

There is much laughter, singing, and wholesome fellowship to enjoy among other participants.

The Nutrition Department prepares delicious meals and a hot lunch is served daily.

We'd love to have you visit!

NEED HELP?

Perhaps you have a question or need some direction with a personal issue you are facing. The Senior Services Director will provide you with information or help you reach someone to talk with who is able assist you.