

**T**HE CONFLUENCE SENIOR CENTER is a place where active older adults can enjoy companionship, share a mid-day meal, expand their knowledge, be entertained, become fit, receive health screenings, participate in stimulating activities and improve their overall health and sense of well being.

Located in a scenic setting along the bank of the Casselman River, the Confluence Senior Center is one of seven Senior Centers operated by the Area Agency on Aging of Somerset County. In addition to the Casselman River, the nearby Youghiogheny River and Laurel Hill Creek provide excellent opportunities for hiking, biking, fishing and other outdoor pleasures. The Center serves seniors traveling from the surrounding towns of Rockwood, Kingwood, Ursina, Harnedsville, Listonburg, Markleton and Addison.

The Center is a welcoming place where everybody knows your name and where you can feel comfortable and valued. With input from participants, both daytime and evening activities are planned providing an enjoyable experience for all who attend. There is ample parking and the parking lot is well lit for safety during evening programs. The Center is also handicap accessible.

There is no membership fee and attendance is free. On occasion, there may be a nominal charge to cover the cost of materials or a special activity like a shopping trip, but you will always know that in advance. There is also a suggested minimum donation for the daily lunch.

### *Confluence Senior Center*

700 Reynolds Street  
Confluence, PA 15424  
(West Side)  
814-395-5117

Open Monday through Friday  
9 a.m. – 2 p.m. for activities and socialization  
Evening programs as announced  
Serving Lunch at 11:30 a.m.

For information and to make reservations  
for lunch please call  
Senior Center Manager  
Betty Mancini  
bmancini@somersetaaa.org  
**814-395-5117**

Monthly menus and Center activities  
are available in the *Senior News* newsletter  
or online at

**[www.somersetaaa.org](http://www.somersetaaa.org)**

Transportation is available through Tableland, the  
Somerset County Transportation System.  
Call Monday through Friday, 814-445-9628  
or Toll Free, 1-800-452-0241.

**Area  
Agency on  
Aging of Somerset County**

# *Confluence Senior Center*

700 Reynolds Street  
Confluence, PA 15424  
(West Side)



*Where older adults  
enjoy active, vibrant  
and healthy lives!*



## Center Activities

There's something for everyone! New activities are scheduled every month including:

### EVERYDAY LEARNING

- Educational Speakers
- Art Classes
- Computer Class

### ENTERTAINMENT

- Musical Entertainment
- Entertaining Speakers

### GETTING FIT

- Exercise Classes
- Exercise Equipment

### SOCIALIZATION

- Shopping Trips
- Daytime and Evening Dances
- Holiday and Birthday Parties
- Special Dinners and Picnics

### STAYING HEALTHY

- Health Screenings
- Blood Pressure Checks
- Medication Management
- APPRISE Insurance Counseling

### GAMES

- Card and Other Games
- Bingo

### DAILY ACCESS TO

- Computer, Photocopier, Fax Machine
- Free wireless internet (Wi-Fi) for personal computers and mobile devices

### VOLUNTEERING

There are many opportunities to volunteer and help at the Confluence Senior Center. Volunteers may help answer phones, take luncheon reservations, and share a special talent or skill and other activities of interest to each volunteer. Individuals who volunteer 50 hours or more during the year are invited to attend an annual volunteer recognition dinner.

### LUNCH ANYONE?

Join us every weekday at 11:30 a.m. for a delicious and healthy meal. It's a great place to socialize and meet new friends. The Center serves your choice of a hearty hot lunch or lighter fare such as an entrée salad or deli soups and sandwiches.

So that you will have a comfortable and enjoyable dining experience, reservations are requested by calling by 11:30 a.m. the day before you plan on attending. Reservations for the entire week can be made at the same time. Take-out orders can also be reserved in advance. The daily menus can be found online at the Area Agency on Aging website, or in the monthly newsletter, *Senior News*.

