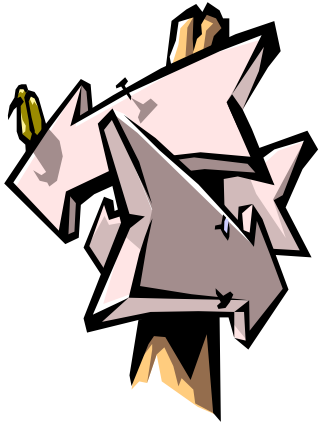


DO YOU NEED DIRECTIONS?



Please
feel free
to call the
Senior Center
Manager at
814-754-5615
during normal
business hours.

FIND OUT MORE...

The “**SENIOR NEWS**” newsletter is a monthly publication that contains a schedule of monthly activities and a monthly lunch menu for the Central City Senior Community Center as well as the other six centers located in Somerset County.

If you would like to receive “**SENIOR NEWS**”, please contact the Area Agency on Aging of Somerset County at (814) 443-2681 or (800) 452-0825 or the Central City Senior Community Center at (814) 754-5615 to be placed on the mailing list.

**Central City Senior Community Center
103 Sunshine Avenue
Central City, PA 15926**

Welcome *to the* **CENTRAL CITY** **SENIOR** **COMMUNITY CENTER**

We look forward to seeing you!



Located at:

**103 Sunshine Avenue
Central City, PA 15926**

(814) 754-5615

CENTER HISTORY

The Central City Senior Community Center was established at its present location in 1981.

Seniors travel from the surrounding towns of Cairnbrook, Windber, New Baltimore, Stoystown, and Indian Lake.

ABOUT THE CENTER

The Central City Senior Community Center is operated by the Area Agency on Aging of Somerset County and is managed by Senior Center Manager Carol Turner.

The center has kitchen facilities available for small scheduled functions and well maintained restrooms. The parking lot offers ample parking and is well lit for safety during the evening hours.

Somerset County Transportation is available through Tableland, Inc. daily by calling (814) 445-9628 or 1-800-452-0241.



The center is handicapped accessible and has an inside chair lift for access. Paved Parking Lot

THINGS TO DO

A pleasing variety of activities are scheduled every month including:

- *APPRISE Insurance Counseling
- *Bingo
- *Birthday Parties
- *Wii Game
- *Art Classes
- *Computer Access/Classes
- *Crafts
- *Dances
- *Educational Speakers
- *Entertaining Speakers
- *Exercise Classes/Equipment
- *Evening Events
- *Free Blood Pressure Checks
- *Health Screenings
- *Holiday Parties
- *Medication Management
- *Photocopier/Fax Machine
- *Picnics
- *Podiatry Foot Doctor
- *Special Dinners
- *Shopping Trips
- *Volunteer Opportunities
- ...and much, much more!

You may also contact us by e-mail:
cturner@somersetaaa.org

Or you may search for us online at:
www.somersetaaa.org

HOURS OF OPERATION

9:30 AM– 2:30 PM
MONDAY – FRIDAY

Lunch served daily at 11:30.



Note - Please call by 11:00 the day before you plan to join us to reserve lunch.

WHY SHOULD YOU VISIT US?

You will find friendship, learning opportunities, and volunteer opportunities to brighten your daily routine. There are many different activities going on daily to suit a variety of tastes and many different classes offered to learn a new skill.

There is much laughter, singing, and wholesome fellowship to enjoy among other visitors.

The Nutrition Department prepares delicious meals and serves hot lunch daily.

We'd love to have you visit!

NEED HELP?

Perhaps you have a question or need some direction with a personal issue you are facing. The Senior Center Manager will provide you with information or help you reach someone to talk with who is able assist you.