

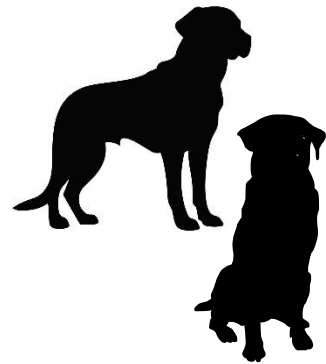
Senior News

AREA AGENCY ON AGING OF SOMERSET COUNTY • October 2026

Meet Taylor, our new PA-Medi Coordinator Consultant!



family



Hi, I'm Taylor and I'm currently a care manager, specializing in the Caregiver Support Program at the Area Agency on Aging. I have lived in Somerset County my entire life and currently reside in Rockwood. I have two black labs that are very spoiled. In my free time, I enjoy spending time with my family, reading and being outside. I am looking forward to my role as the new PA Medi Coordinator Consultant and meeting everyone during open enrollment! I will also be visiting all the centers with Sue Holliday prior to open enrollment.

NATIONAL FOOD BANK DAY

SEPTEMBER 4, 2026

Somerset County Senior Centers collected food donations for National Food Bank Day. Thank you to everyone who donated and participated in collecting and organizing all the donations!



CENTRAL CITY
SENIOR CENTER
391 Items Collected

CONEMAUGH TOWNSHIP
SENIOR CENTER
506 Items Collected



CONFLUENCE
SENIOR CENTER
287 Items Collected



MEYERSDALE
SENIOR CENTER
161 Items Collected



LAUREL MOUNTAIN
SENIOR CENTER
79 Items Collected



WINDBER SENIOR
CENTER
89 Items Collected

SOMERSET
SENIOR CENTER
496 Items Collected



Call the PA MEDI Helpline,
Monday - Friday, 8AM - 5PM

1-800-783-7067

Questions about your Medicare?

We are here to
HELP.

Understanding Medicare can be difficult.

PA MEDI counselors are specially trained staff and volunteers who can answer your questions and provide you with nonbiased, objective, easy-to-understand information about Medicare.

Open Enrollment Dates



They can help you:

- Make informed choices about Medicare coverage options, Medigap policies and Medicare Advantage Plans
- Apply for Medicare Savings Programs to save you money... and more!



Pennsylvania
**Medicare Education
and Decision Insight**

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<u>Central City</u> <u>Senior Center</u>	<u>Conemaugh Township</u> <u>Senior Center</u>	<u>Confluence</u> <u>Senior Center</u>	<u>Laurel Mountain</u> <u>Senior Center</u>
103 Sunshine Avenue Central City, PA 15926 Senior Center Manager: Marika Roberts Phone: (814) 754-5615 E-mail: mroberts@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM	959 South Main Street Hollsopple, PA 15935 Senior Center Manager: Cyndi Rose Phone: (814) 479-2216 E-mail: crose@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM	700 Reynolds Street Confluence, PA 15424 Senior Center Manager: Teresa Dively Phone: (814) 395-5117 E-mail: tdively@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM	1609 W Pitt Street Jennerstown, PA 15547 Senior Center Manager: Allana Guidry Phone: (814) 629-9926 E-mail: aguidry@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM
<u>Meyersdale</u> <u>Senior Center</u>	<u>Somerset</u> <u>Senior Center</u>	<u>Windber</u> <u>Senior Center</u>	
120 North Street Meyersdale, PA 15552 Senior Center Manager: Julie Yinkey Phone: (814) 634-0713 E-mail: jyinkey@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM	1338 S Edgewood Avenue Somerset, PA 15501 Senior Center Manager: Gloria Maust Phone: (814) 445-7772 E-mail: gmaust@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM	700 Fifth Street, Suite 200 Windber, PA 15963 Senior Center Manager: April Walker Phone: (814) 467-5912 E-mail: awalker@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM	

CENTRAL CITY AREA SENIOR CENTER

(Lunch Served at 11:30, call the day before by noon to order lunch) 1 st Prize Bingo 5 th Crazy Hat Day 6 th Prize Bingo 8 th Pumpkin Spice Recipe Swap 12 th SENIOR CENTER CLOSED in Observance of Columbus Day	13 th UPMC prize Bingo 14 th 10:30 a.m. John Lairmar Music 16 th Craft Day 19 th October Lunch 20 th Pumpkin hunt 21 st Prize Bingo 22 nd 10:00 a.m. Denise Baldwin Music	27 th Wii Championship at Somerset Senior Center 28 th Build a ghost cat 29 th Prize Bingo 30 th Halloween Party 	Daily Activities: 9:00 a.m. to 11:00 a.m. Skipbo Card Games Available 9:00 a.m. to 1:00 p.m. Wii Games Available 9:00 a.m. to 1:00 p.m. Exercise Machines Available 9:30 a.m. Mon, Wed, Fri Exercise Classes Puzzles Wi-Fi Available
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October 2026

Center Activities

CONEMAUGH TOWNSHIP AREA SENIOR CENTER

(Lunch Served at 11:30, call the day before by noon to order lunch) 2 nd Wii Bowling / Breast Cancer Awareness Month 3 rd Taco Day 5 th Birthday Lunch / 9:30 a.m. ~ 10:30 a.m. On the Move Starts 6 th Escape Room Game / Noodle Day 7 th Bingo	8 th Wii Bowling / Craft 9 th 9:30 a.m. On the Move Starts 12 th SENIOR CENTER CLOSED in Observance of Columbus Day 13 th Denise Baldwin Music 14 th Price is Right Game 15 th Billy Stoppe Music / Wii Bowling 16 th 9:30 a.m. On the Move 21 st Bingo / 9:30 a.m. On the Move	22 nd Tom & Carolyn Music 23 rd 9:30 a.m. On the Move 26 th Family Feud 27 th Wii Championship at Somerset Senior Center 28 th Bingo / 9:30 a.m. On the Move 29 th Wii Bowling 30 th Halloween Party	Daily Activities: 10:00 a.m. Tues & Thurs Geri-Fit Bingo Wii Games Exercise Machines Computers Puzzles On the Move (twice a week) Wi-Fi Available
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CONFLUENCE AREA SENIOR CENTER

(Lunch Served at 11:30, call the day before by noon to order lunch) 5 th Birthday Lunch 7 th 10:00 a.m. Presentation on Fire Safety and Emergency Preparedness (Free Gifts) 9 th 10:00 a.m. Renae Billow Community Life Bingo w/prizes	12 th SENIOR CENTER CLOSED in Observance of Columbus Day 16 th Sip and Paint Class (\$20.00 Fee) Evening of Fun (nonalcoholic) 21 st 10:00 a.m. Presentation from Senior Solutions 27 th Wii Championship at Somerset Senior Center 28 th 10:30 a.m. Magellan Health (Suicide Prevention)	30 th Dress for Halloween win a prize / Candy Corn Day  (Every Thursday we offer alternatives to the Centers meal choices. Call a day ahead!)	Daily Activities: 9:00 a.m. – 2:00 a.m. Exercise Machines available daily 10:00 a.m. Theology Tuesday 10:00 a.m. Exercise Classes Mon & Thurs Bingo Daily Wii Games Laptop available for daily use Wi-Fi Available
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LAUREL MOUNTAIN AREA SENIOR CENTER

(Lunch Served at 11:30, call the day before by noon to order lunch) 1 st Homemade Cookies Day 5 th Birthday Lunch / 12:00 p.m. Trauma Injury Prevention 7 th 12:00 p.m. Tom & Carolyn Music 8 th 10:30 a.m. Ricky Howsare Music 9 th Cover Dish Harvest Party	12 th SENIOR CENTER CLOSED in Observance of Columbus Day 14 th 12:00 p.m. Bingo with Interim 19 th 11:30 a.m. Eat & Learn with Phil Little 20 th Octoberfest Lunch / 12:00 p.m. Billy Stoppe Music 21 st 12:00 p.m. Clear Result Presentation 26 th 10:30 a.m. Boswell Prescription Vaccinations / 12:30 p.m. Diamond Art Craft	27 th Wii Championship at Somerset Senior Center 28 th 12:00 p.m. Dementia Friends Presentation 30 th Halloween Lunch / Costume Party 	Daily Activities: 9:30 a.m. On the Move Mon – Thurs 10:45 a.m. Bingo Exercise Machines Wii Bowling Laptops Available Technology Help Table Games Puzzles Wi-Fi Available
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October 2026

Center Activities

MEYERSDALE AREA SENIOR CENTER

(Lunch Served at 11:30, call the day before by noon to order lunch)

2nd 10:00 a.m. Fall Trivia

5th Birthday Lunch / 10:00 a.m. Seminar/
Fall Prevention

7th 10:00 a.m. Sing Along

9th Reservations for Oct, Fest Lunch due

12th SENIOR CENTER CLOSED in
Observance of Columbus Day

13th No Geri-Fit / 10:00 a.m.
Seminar & Music by Ricky
Howsare/Community Life

14th 10:00 a.m. Special Day for
Geri Fit

19th Octoberfest Lunch / 10:00
a.m. Special Day for Geri-Fit

20th No Geri-Fit / 4:00 p.m. -
7:00 p.m. Night Bingo Fund
Raiser

21st 10:00 a.m. Gary Yoder Music

23rd 10:00 a.m. Scavenger Hunt

27th CLOSED Wii Championship
at Somerset Senior Center

28th 10:00 a.m. Sing Along

30th Halloween Party

31st 10:00 a.m. Tom & Carolyn
Music

Daily Activities:

9:30 a.m. Wii Games

10:00 a.m. Tues Geri-Fit

10:00 a.m. Thurs On the Move

11:00 a.m. Bingo

Word Search Puzzle every Wednesday

Exercise Machines & Computers

available for everyday use

Puzzles

Wi-Fi Available

SOMERSET AREA SENIOR CENTER

(Lunch Served at 11:30, call the day before by noon to order lunch)

2nd Fire Prevention Review

5th Birthday Lunch / 12:00 p.m.
John Larimer Music

7th 10:30 a.m. Christy Pritts, NFP:
Part D (RX) updates for 2027

12th SENIOR CENTER CLOSED
in Observance of Columbus Day

14th National Dessert Day: Bring 4
helpings of your favorite dessert to
share

19th 10:30 a.m. Community Life Prize
Bingo / Octoberfest Lunch

20th 10:30 a.m. Flood City Advisor
Presentation

21st 10:30 a.m. Somerset Trust
Company Fraud Prevention

23rd Halloween Gift Exchange Game –
bring a \$10 Halloween Gift to play

26th 10:30 a.m. Rebecca Mull Twin Lakes

27th Wii Championship Games

30th 12:00 p.m. Billy Stoppe Music /
Halloween Lunch / Dress in your best
costume / Reservations due for Birthday
Lunch November 2nd / National Candy
Corn Day

(Check all mail from your Health Care
Insurance Company this month for your
Annual Notice of Change)

Daily Activities:

Wii Games

Exercise Machines

9:00 a.m. Thurs TAI CHI

9:30 a.m. Bingo every day
(Tues & Thurs prize Bingo)

Games, crafts, and other
activities available daily

Laptop classes available

Volunteer Opportunities

Wi-Fi Available

Last Days of Bingocize 10:30
a.m. Oct 5th & 7th

WINDBER AREA SENIOR CENTER – CFL

(Lunch Served at 11:30, call the day before by noon to order lunch)

1st 10:30 a.m. Basic Computer
Class

7th 10:00 a.m. Make Chocolate
Covered Pretzels

9th 10:00 a.m. Halloween Spoon
Craft

12th SENIOR CENTER CLOSED
in Observance of Columbus Day

14th 10:30 a.m. Angie from
Somerset Trust

15th Pink Out Day – Wear Pink to
show Awareness for Breast Cancer

19th Trivia of the 50's

21st 10:30 a.m. Billy Stoppe

22nd 10:00 a.m. Ghost Cutting
Board Craft

23rd 10:30 a.m. Name that Tune

26th Pumpkin Painting

27th 12:30 p.m. Bingo with
Windber Woods

28th 10:30 a.m. Denise Baldwin
Halloween Party



Daily Activities:

10:00 a.m. Mon & Fri Strong Bones

12:30 p.m. Mon, Wed, Fri Pinochle

10:00 a.m. Tues Body Strengthening

12:00 p.m. Tues, Wed, Thurs Bingo

6:00 p.m. Wed Cornhole

10:00 a.m. Thurs TAI CHI for
Arthritis

Wii Games available for daily use

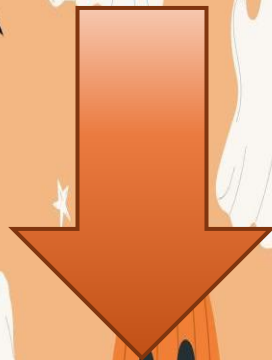
Wi-Fi Available



			1 Western Frittata Sausage Home Fries Fruit Cocktail Apple Cinnamon Snack Bar Milk	2 Open-Faced Roast Beef Sandwich Garlic & Herb Mashed Potatoes Peas Diced Peaches Milk
5 <u>Birthday Lunch</u> Stuffed Pepper Parslied Red Potatoes Corn Melon Cup Cake w/icing Milk	6 Potato Crusted Fish Asian Blend Vegetables Macaroni Salad Apple Milk	7 Macaroni & Cheese Stewed Tomatoes 3 Bean Salad Tropical Fruit Milk	8 Ham Bean Soup Mixed Green Salad w/Bacon Banana Dinner Roll w/Margarine Milk	9 Chicken Tenders w/BBQ Sauce Cheesy Hashbrowns Sliced Carrots Mandarin Oranges Milk
12 <u>Closed</u> <u>Columbus Day</u>	13 Baked Smoked Sausage on Bun Scalloped Potatoes Broccoli Florets Mango/Papaya Cup Mozzarella Cheese Stick Milk	14 <u>National Dessert Day</u> Breaded Cod Spanish Rice Capri Blend Vegetables Strawberry Applesauce Brownie Milk	15 Stuffed Shells Mixed Green Salad w/Turkey Quartered Fruit Yogurt Milk	16 Baked Ham Sweet Potatoes Green Beans Cantaloupe Chunks Wheat Bread w/Margarine Milk
19 <u>Octoberfest Lunch</u> Bratwurst on Bun Mashed Potatoes Sauerkraut Fruit Cocktail in Jello German Chocolate Cake Milk	20 <u>National Chicken & Waffles Day</u> Creamed Chicken over Waffle Peas & Carrots Blueberry Pineapple Fruit Cup Milk	21 Rigatoni w/Meat Sauce Mixed Green Salad Fresh Orange Dinner Roll w/Margarine Milk	22 Vegetable Soup Ham & American Cheese on Bun Honeydew Chunks Milk	23 Honey Mustard Marinated Pork Chop Brown Rice Pilaf Chuck Wagon Vegetables Citrus Salad Milk
26 Chop Steak w/Gravy Mashed Potatoes Normandy Vegetables Tropical Fruit Milk	27 Fish Sandwich Hush Puppies Coleslaw Applesauce Milk	28 Chili w/Cheese Mixed Green Salad Diced Pears Corn Muffin Milk	29 Chicken Noodle Soup Turkey Salad on Wheat Bread Diced Peaches Milk	30 <u>Halloween Lunch</u> Monster Meatloaf Fire Roasted Flesh Taters Mixed Vile Veggies Fruit Medley Dirt & Worms Milk

So you can enjoy a relaxed and comfortable dining experience, reservations are recommended. Please call the Center you plan to attend by 11:30 a.m. the day before. The menu is subject to change due to typographical errors or other unforeseen circumstances.

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Senior News

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