SENIOR NEWSLETTER

AREA AGENCY ON AGING OF SOMERSET COUNTY ●November 2026

Thank You, Veterans!!

Central City Senior Center
Lester Roberts
Gary Ray Manges
James Russell
Rick Schiffhauer Jr.
Art McClucas
Joe Ference
Ron Petrina

Conemaugh Township Senior Center
Frank Berchick
Cynthia Guzzone
Edward Persuhn

Confluence Senior Center
Paula Draheim
Dan Draheim
Graham Sheely
David Hyatt
Larry Kemp
Arthur Wood

Laurel Mountain Senior Center
Karen Ryan
Glenn Reckner
Theodore McClintock
James Smith
Barry Durstine

Meyersdale Senior Center
Walter Lenhart
Ronnie Roadman
Dale Smiley
Harold Tinkey
Joan Weaver

Somerset Senior Center
Dennis Dickey
Robert Dorsey
Jim Drazenovich
Mike Fromholz
Elwood Gary
William Glessner
Durinda Grine
Larry Gross
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Victoria Kosar
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Dorothy LaBryer
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Marion Nichols
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Samuel Sayler
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Harry Weinstein
Robert Wiltrout

Windber Senior Center
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David Bender
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Joseph Laporta
Warren Mangus
Rudolph Mrsnik Jr.
John Nibert
David Owens
Patricia Ramsay



Spotlight

WINDBER SENIOR CENTER ACTIVITIES

700 Fifth Street, Suite 200 Windber PA 15963
Phone: (814) 467-5912

Senior Center Manager: April Walker
Hours: Monday to Friday 9:00 a.m. – 2:00 p.m.

2	3 10:30 a.m. Christmas Ornament for the PA Capitol in Harrisburg	4 10:30 a.m. Music w/Fast Eddie	5 National Donut Day/ Bowling for Wii teams at Terrace Lanes	6 10:30 a.m. Basic Computer Class
9 10:30 a.m. Trivia of the 80's	10	11 Veterans Day **CLOSED**	12 Caramel Apple Bar	13 Name that Tune
16	17	18 Friendsgiving	19	20 12:30 p.m. Thanksgiving Bingo
23 10:30 a.m. Fall Trivia	24 12:30 p.m. Thanksgiving Bingo	25 10:30 a.m. Music w/Denise Baldwin	26 Thanksgiving Day **CLOSED**	27 **CLOSED**
30				

Activities: 10:00 a.m. Mon & Fri Strong Bones, 10:00 a.m. Tues Body Strengthening, 10:00 a.m. Thurs Tai Chi for Arthritis, 12:00 p.m. Tues, Wed & Thurs Bingo, 12:30 p.m. Mon, Wed & Fri Pinochle, 6:00 p.m. Wed Cornhole, Wii Games available for everyday use, Wi-Fi Available

Activities Keep Area Seniors Active, Engaged and Connected

Activities are an important part of daily life for senior citizens, providing more than just entertainment. At the senior center, activities offer participants opportunities to socialize with friends, stimulate their minds, maintain important skills, and remain active and involved within their community. As the center continues to expand its activity schedule, participants can look forward to a variety of new and familiar programs designed to encourage both mental and physical engagement. Upcoming activities will include Name That Tune, giving participants the chance to test their musical memories while enjoying songs from different generations. Trivia will also be offered, providing a fun way for participants to challenge their knowledge, recall information, and enjoy some friendly competition. Crafts will continue to be part of the center's activities as well. More hands-on craft projects are planned to encourage creativity while also helping participants maintain fine motor skills, hand-eye coordination, and dexterity. Simple activities such as cutting, painting, assembling, and working with different materials can provide valuable opportunities to exercise these skills while creating something enjoyable to take home. Small day trips will also be included among the center's activities, giving participants opportunities to explore nearby attractions, enjoy a change of scenery, and spend time together outside the center. These outings can provide new experiences while encouraging social interaction and community involvement. Perhaps one of the greatest benefits of senior center activities is the opportunity for social connection. Gathering, sharing stories, laughing, and participating in activities with others can help create friendships and give participants something to look forward to each day. The senior center is committed to providing activities that meet the interests and abilities of its participants while encouraging them to remain active, engaged, and connected. From music and trivia to crafts, day trips and social activities, each program provides an opportunity to learn, participate, and enjoy time together. As the activity calendar continues to grow, participants can expect plenty of new opportunities to keep their minds sharp, their hands busy and their friendships strong.

Novemeber 2026

CENTRAL CITY SENIOR CENTER ACTIVITIES

103 Sunshine Avenue Central City, PA 15926
Phone: (814) 754-5615

Senior Center Manager: Marika Roberts
Hours: Monday to Friday 9:00 a.m. – 2:00 p.m.

2 10:30 a.m. Music w/Tom & Carolyn	3 Election Day	4 Prize Bingo w/Community Life	5 National Donut Day/ Bowling for Wii teams at Terrace Lanes	6 Nacho Friday
9	10 10:30 a.m. Music w/Ed Cominsky	11 Veterans Day **CLOSED**	12 Chicken Soup for the Soul	13
16	17 Homemade Bread Day	18 Apple Spice Day	19 Monopoly Day	20 Prize Bingo
23	24 Fall Craft	25 Friendsgiving	26 Thanksgiving Day **CLOSED**	27 **CLOSED**
30 Cyber Monday Tech Class				

Activities: 9:00 a.m. to 11:00 a.m. Tues & Thurs Skipbo Card Games, 9:00 a.m. to 2:00 p.m. Exercise Machines, 9:30 a.m. Wii Games, 9:30 a.m. Mon & Wed Exercise Class, Puzzle available

CONEMAUGH TOWNSHIP SENIOR CENTER ACTIVITIES

959 South Main Street Hollsopple, PA 15935
Phone: (814) 479-2216

Senior Center Manager: Cyndi Rose
Hours: Monday to Friday 9:00 a.m. – 2:00 p.m.

2 Birthday Lunch	3	4 Bingo	5 National Donut Day/ Bowling for Wii teams at Terrace Lanes	6 Nacho Day
9	10 Escape Room	11 Veterans Day **CLOSED**	12 I.D. Theft - Romance	13
16	17 Bingo & Pickle Day	18 12:00 p.m. Music w/Ed Cominsky	19 Craft	20 12:00 p.m. Music w/Billy Stoppe
23	24 12:00 p.m. Music w/Denise Baldwin	25 Corn Hole Game	26 Thanksgiving Day **CLOSED**	27 **CLOSED**
30				

Activities: 10:00 a.m. Tues & Thurs Geri-Fit, Daily--Bingo, Wii Games, Exercise Machines, Laptops, Puzzles, Wi-Fi Available

Nov 14th 1:00 p.m. to 3:00 p.m. Craft Day at Conemaugh Township Senior Center

CONFLUENCE SENIOR CENTER ACTIVITIES

700 Reynolds Street Confluence, PA 15424
Phone: (814) 395-5117

Senior Center Manager: Teresa Dively
Hours: Monday to Friday 9:00 a.m. – 2:00 p.m.

2 Birthday Lunch	3 11:00 a.m. Fire Extinguisher Demonstration w/Tylor Byrd	4	5 National Donut Day/ Bowling for Wii teams at Terrace Lanes	6 10:30 a.m. Bingo w/UMPC Hospice
9	10 11:00 a.m. Music w/John Larimer	11 Veterans Day **CLOSED** Trip to Community Life in Somerset	12	13 10:00 a.m. Make Homemade Bread Pudding
16	17 11:00 a.m. Defibrillator Demonstration w/Caleb Hay	18 4:00 p.m. – 6:00 p.m. Homemade Soup Sales (eat in or carry out)	19	20
23	24	25	26 Thanksgiving Day **CLOSED**	27 **CLOSED**
30				

Activities: 9:00 a.m. to 2:00 p.m. Exercise Machines available, 10:00 a.m. Tues Theology, 10:00 a.m. Mon & Tues Exercise Classes, Daily Bingo, Wii Games, Laptops available, Wi-Fi Available **Nov 21st 4:00 p.m. – 6:00 p.m. FREE Thanksgiving Dinner at the Fireman's Hall on Barlow Street EVERYONE WELCOME (Eat in or take out)**

LAUREL MOUNTAIN SENIOR CENTER ACTIVITIES

1609 W Pitt Street Jennerstown, PA 15547
Phone: (814) 629-9926

Senior Center Manager: Allana Guidry
Hours: Monday to Friday 9:00 a.m. – 2:00 p.m.

2 10:30 a.m. Bingo w/Community Life	3	4 12:30 p.m. Christmas Ornament Making	5 National Donut Day/ Bowling for Wii teams at Terrace Lanes	6
9 12:00 p.m. Music w/Billy Stoppe	10	11 Veterans Day **CLOSED**	12	13
16	17	18 12:00 p.m. Bingo w/Interim Hospice	19	20 10:00 a.m. Trip, Lincoln Highway Experience History Museum
23 11:00 a.m. Recovery Support Presentation w/Natalie Kauffman	24	25 12:00 p.m. Music w/John Larimer	26 Thanksgiving Day **CLOSED**	27 **CLOSED**
30				

Activities: 9:30 a.m. Mon-Thur On the Move, 10:45 a.m. Bingo, Exercise Machines, Wii Games, Laptops, Technology Help, Table Games, Puzzles, Wi-Fi Available **Nov 7th 1"00 p.m. Game Day, Bunco**

November 2026

MEYERSDALE SENIOR CENTER ACTIVITIES

120 North Street Meyersdale, PA 15552
Phone: (814) 634-0713

Senior Center Manager: Julie Yinkey
Hours: Monday to Friday 9:00 a.m. – 2:00 p.m.

2 10:00 a.m. Seminar-Success Financial/Birthday Lunch/PA Medi by appointments	3	4 10:00 a.m. Music w/Billy Stoppe	5 National Donut Day/ Bowling for Wii teams at Terrace Lanes	6 10:00 a.m. Sing Along
9 10:00 a.m. Seminar & Music w/Ricky Howsare/Community Life /PA Medi by appointments	10	11 Veterans Day **CLOSED**	12	13 10:00 a.m. Music w/Just Friends
16 10:00 a.m. Thanksgiving Trivia/Reservations for Thanksgiving Lunch due	17 4:00 p.m. – 7:00 p.m. Night Bingo Fundraiser	18 10:30 a.m. Seminar & Activity/UPMC Hospice	19	20 10:00 a.m. Scavenger Hunt
23 Thanksgiving Lunch/10:00 a.m. Music w/Tom & Carolyn	24	25 10:00 a.m. Sing Along	26 Thanksgiving Day **CLOSED**	27 Black Friday **CLOSED**
30 10:00 a.m. Craft				

Activities: 9:30 a.m. Wii Games, 10:00 a.m. Tues Geri Fit, 10:00 a.m. Thurs On the Move, 11:00 a.m. Bingo, Wednesday Word Search Puzzle, Exercise Machines & Laptops, Puzzles, Wi-Fi Available

SOMERSET SENIOR CENTER ACTIVITIES

1338 S Edgewood Avenue Somerset, PA 15501
Phone: (814) 445-7772

Senior Center Manager: Gloria Maust
Hours: Monday to Friday 9:00 a.m. – 2:00 p.m.

2 10:30 a.m. Jeanette Fox Alzheimer's Presentation/ Birthday Lunch	3	4	5 National Donut Day/ Bowling for Wii teams at Terrace Lanes	6 National Nachos Day
9 10:30 a.m. Bobbie from UPMC	10	11 Veterans Day **CLOSED**	12	13 1:00 p.m. Game Afternoon/Pickle Day
16 Reservations due for Thanksgiving Lunch on Nov 23rd	17	18	19	20 12:00 p.m. Music w/Dixie and Friends
23 Thanksgiving Day Lunch/Noon Music w/John Larimer	24 Phil Little Atty Generals Office on On-Line Pharmacy	25	26 Thanksgiving Day CLOSED	27 Thanksgiving CLOSED
30 10:30 a.m. Bingocize Nutrition Class/National Cyber Security Day – Change your passwords				

Activities: Wii Games, Exercise Machines, 9:00 a.m. Thurs TAI CHI, 9:30 a.m. Bingo every day (Tues & Thurs prize Bingo), Games, Crafts, & other activities available daily, Laptop classes available daily, Volunteer Opportunities Wi-Fi

November

2026 Menu

2 **BIRTHDAY LUNCH** Salisbury Steak Mashed Potatoes w/Brown Gravy Green Beans Applesauce Cake Mandarin Oranges Milk	3 Broccoli Cheese Soup Cole Slaw Apricot Halves Yogurt Garlic Breadstick Milk	4 Lasagna Mixed Green Salad w/Bacon Pineapple Tidbits Dinner Roll w/Margarine Milk	5 Roast Pork Loin w/Poultry Gravy Seasoned Whole Mini Potatoes Brussel Sprouts Apple Granola Bar Milk	6 **Nacho Day** Chicken Patty on a Bun Spanish Rice Melon Cup Doritos Milk
9 Sirloin Beef Tips in Mushroom Gravy Home Fries Peas Fruit Cocktail Milk	10 Country Fried Pork Fritter w/Country Gravy Parslied Red Potatoes Malibu Blend Vegetables Apricot Halves Milk	11 **CLOSED** **VETERAN'S DAY**	12 **Chicken Noodle Soup Day** Chicken Noodle Soup Tossed Salad w/Cheese Tropical Fruit Wheat Bread w/Margarine Milk	13 Ham loaf w/Pineapple Glaze Maple Roasted Sweet Potatoes Broccoli Florets Diced Peaches Oatmeal Raisin Cookie Milk
16 Spaghetti w/Meatballs Tomato Salad Cottage Cheese Pineapple Tidbits Milk	17 Coconut Mango Papaya Crusted Fish Pierogies Cucumber Pepper Salad Diced Pears Milk	18 Beef Barley Soup Mixed Green Salad Quartered Fruit Whole Grain White Bread w/Margarine Milk	19 Smoked Paprika & Thyme Roasted Chicken Scalloped Potatoes Diced Carrots Fresh Orange Pudding Milk	20 BBQ Ham on Whole Grain Kaiser Roll Caribbean Vegetable Blend Pasta Salad Applesauce Milk
23 **Thanksgiving Lunch** Roast Turkey w/Poultry Gravy Stuffing Mashed Potatoes Cranberry Salad Pumpkin Pie Milk	24 Stuffed Cabbage Au Gratin Potatoes Brussel Sprouts Fruit Cup Cheddar Cheese Square Milk	25 Kielbasa Macaroni & Cheese Sauerkraut Mandarin Oranges Milk	26 **Closed** **Thanksgiving Day**	27 **Closed**
30 Chicken Cordon Bleu` w/Poultry Gravy Mashed Potatoes Lima Beans Mango/Papaya Cup Milk		So you can enjoy a relaxed and comfortable dining experience, reservations are recommended. Please call the Center you plan on attending by 11:30 a.m. the day before. The menu is subject to change due to typographical errors or other unforeseen circumstances.		

AARP

AARP Driver Safety offers the nation's first and largest refresher course for older drivers.

For more information about AARP Driver Safety, visit: aarp.org/drive

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21 Seniors attended the AARP Sr Driving class held at the Somerset Senior Center. The class covered ways to help seniors drive with increased confidence, adapt to changes that affect driving ability and explore other ways to travel. The class provides the means for insurance companies to offer discounts to seniors who complete the class.









It's getting to be at that time of year again! Where to go if you need a place to warm up?

Warming Shelters in Somerset County are at the Area Agency on Aging Senior Centers

Central City Senior Center; 103 Sunshine Avenue Central City, 814-754-5615

Conemaugh Twp. Senior Center; 959 S Main Street Hollsopple, 814-479-2216

Confluence Senior Center; 700 Reynolds Street Confluence, 814-395-5117

Laurel Mountain Senior Center; 1609 W Pitt Street Jennerstown, 814-629-9926

Meyersdale Senior Center; 120 North Street Meyersdale, 814-634-0713

Somerset Senior Center; 1338 S Edgewood Avenue; Somerset, 814-445-7772

Windber Senior Center; 700 Fifth Street, Suite 200; Windber, 814-467-5912

Senior Centers are open Monday through Friday, from 9:00 a.m. to 2:00 p.m. For assistance after hours, please call 814-445-1525 or 911.

Somerset Sr Center made a visit to the Flight 93 Chapel. We were hosted by Connie Hay and Paul Keteles who volunteer at the chapel. They provided much information on the chapel including how the Church was purchased and how it has evolved into what it is today.

The Chapel is home to memorabilia provided by family members and friends of the Flight 93 passengers and crew.



If anyone wants to visit the chapel or if they are interested in volunteering at the chapel, contact Connie Hay at 814-279-5317.



Senior **News**

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If you would like to obtain further information about any newsletter topic or Agency services, please call the Somerset office at

(814) 443-2681 or 1-800-452-0825

www.somersetaaa.org

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