

Senior News

AREA AGENCY ON AGING OF SOMERSET COUNTY • M a y 2 0 2 6

Bridge Builders

Bridge Builders is a committee compiled of Area Agency on Aging staff, who are passionate about bringing seniors and students together. There is a lot we can all learn from each other as we all walk through life.

Earlier this year the Somerset Senior Center hosted a Valentines Party, where students from the Somerset High School Interact Club came and brought snacks, games and other activities to bring the seniors and students together. They decorated cards, played games and shared stories together.

Be on the lookout for opportunities to become more involved with the students in your community. There is so much we can learn from each other, no matter the generational divide.

HAPPY
*Mother's
Day*
May 10th

MEMORIAL DAY

★ REMEMBER AND HONOR ★

Somerset Area Ministries

320 Felgar Road, Somerset, PA 15501

Free Medical Van Service to Pittsburgh and Areas Surrounding Somerset

Please call as soon as you discover that you need a ride
so that schedules can be accommodated.

Call: 814-443-6354

Central City Senior
Center Volunteers

Susan M. Fetzko
Elizabeth A. McClucas
Phyllis I. Robb
Penny J. Roberts
Patricia L. Webb
Edward J. Zelenski

Conemaugh Township
Senior Center
Volunteers

Vicky M. Donitzen
Judith Manges
Larry Manges
Bonnie G. Miller
Linda M. Murray
Patricia A. Parsons
Janet F. Stahl

Confluence Senior
Center Volunteers

Patricia G. Basinger
Cindy Fletcher
Sandra L. Hilliard
Wilma Hoard
Patricia R. May
Sheilah Rowe

Laurel Mountain
Senior Center
Volunteers

Konrad Oberholser
Gloria J. Whipkey

We want to give a big thanks to all the volunteers who have helped out with the Senior Centers. We appreciate your care and dedication towards the help of bringing the community together.

**THANK YOU
SO MUCH**
YOU ARE VERY MUCH APPRECIATED!

Meyersdale Senior
Center Volunteers

Sonja H. Beattie
Linda K. Forman
Jane L. McCracken
Forrest R. Miller
Linda C. Miller
Thelma J. Mishler
Darlene R. Singer
Lida A. Tinkey
Joan B. Weaver
Martha J. Werner
Cinda K. Yinkey
Cara J. Bauermaster
Deana M. Hendershot

Somerset Senior
Center Volunteers

Mildred M. Augustine
Marvin L. Baer
David L. Freas
Marion C. Nichols
Lois Penrod
Brenda J. Pyle
Barbara Shumaker
Shirley M. Tinkey
Glenda J. Wyant

Windber Senior
Center Volunteers

Margaret S. Bahorik
Mary E. DiGiulio
Mary L. Farbo
Roger Felix
Nancy J. Houpt
Verna Lebosky
Gloria Lehman
Janet Lintner
Lucy Machuta
Betty A. Makuch
Dolores A. Naughton
Carmen Nibert
John Nibert

EVENTS

Elder Justice Day Seminar 2026



**SOMERSET COUNTY PROTECTION
AND ADVOCACY COMMITTEE**

When:

June 18th, 2026

Time:

10:00am - 2:00pm

(Registration begins at
9:30am)

⇒ Free box lunch from
My Girls Deli & Catering

⇒ Presented by the
Protection & Advocacy
Committee of Somerset
County

**Call 814-443-2681 to
reserve a spot to
attend by June 5th**



SERVING BEDFORD, CAMBRIA, SOMERSET, AND INDIANA COUNTIES



Area Agency on Aging
of Somerset County

enriching lives, making a difference



TO ADULT AND DISABILITY RESOURCES
**Somerset
Trust COMPANY**
Member FDIC

“The Protection & Advocacy
Committee of Somerset County is a
productive community partnership
to educate residents about elder
abuse, how to report abuse and to
educate about available advocacy
supports.”

Location:

Somerset Church of the
Brethren; 606 Berlin Plank
Rd, Somerset, PA 15501

Transportation:

Free transportation is
provided from all Somerset
County Senior Centers.
Call your local center to
reserve transportation.

SENIOR PICNIC

Casino

Take a Gamble on a Fun Time

July 24, 2026 - 10AM - 2PM

Cost - \$10

Please bring ticket for entry

Tickets are on sale: May 4th - June 19th and can be
purchased at a local Senior Center or Aging Office

Where: Bakersville Fire Dept 2143 W Bakersville Edie
Road Somerset PA, 15501



Call 814-443-2681 with
any questions



May 2026

Center Activities

CENTRAL CITY AREA SENIOR CENTER

<p>103 Sunshine Avenue Central City, PA 15926 Senior Center Manager: Marika Roberts Phone: (814) 754-5615 E-mail: mroberts@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM</p>	<p>(Lunch Served at 11:30, call the day before by noon to order lunch) 1st National Space Day 4th National Star Wars Day / Birthday Lunch 5th Cinco de Mayo 7th Spring Flower Crafting</p>	<p>11th Mother's Day Luch / Tea Party for Mothers 13th 10:30 a.m. Music with Billy Stoppe 14th Cooking Class making homemade ice cream 19th Pass the Popcorn</p>	<p>21st 10:30 a.m. Music with Colten Danel 22nd Memorial Day Lunch 25th Memorial Day Center Closed 27th Hannah Watkins, Care Manager, from AAA 26th Memorial Scavenger Hunt</p>	<p>Daily Activities: 9:00 a.m. to 1:00 p.m. Wii Games available 9:00 a.m. to 1:00 p.m. Exercise Machines available 9:00 a.m. to 11:00 p.m. Skipbo card games available 9:30 a.m. Exercise class Mon, Wed, Fri Laptop Classes available Volunteer Opportunities Wi-Fi Available</p>
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CONEMAUGH TOWNSHIP AREA SENIOR

<p>959 South Main Street Hollsopple, PA 15935 Senior Center Manager: Allana Guidry Phone: (814) 479-2216 E-mail: aguidry@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM</p>	<p>(Lunch Served at 11:30, call the day before by noon to order lunch) 4th Birthday Lunch / Sign up for Mother's Day Lunch 5th 12:00 p.m. Music with John Larimer 7th 5:00 p.m. - 7:00 p.m. Open House</p>	<p>11th Mother's Day Lunch / Sue Holliday, PA-Medi 12th 12:00 p.m. Bingo with Heartland Hospice 14th 12:00 p.m. Hilltop Heights Health & Rehab 15th Center Closed for Volunteer Banquet</p>	<p>18th Nicole Sechler, Care Manager, from AAA 19th 12:00 p.m. Computer Education 21st 12:00 p.m. Music with Billy Stoppe 22nd Memorial Day Lunch 25th Memorial Day Center Closed</p>	<p>Daily Activities: Wii Games Puzzles Exercise Machines available 10:00 a.m. Tues & Thurs Geri-Fit Laptop classes available Volunteer Opportunities Wi- Fi Available</p>
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CONFLUENCE AREA SENIOR CENTER

<p>700 Reynolds Street Confluence, PA 15424 Senior Center Director: Christine Saylor Phone: (814) 395-5117 or (814) 467-5912 E-mail: csaylor@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM</p>	<p>(Lunch Served at 11:15, call the day before by noon to order lunch) 4th Birthday Lunch / Last day to sign up for the Mother's Day Lunch 5th Cinco de Mayo 11th Nutritional Seminar with Devin / Mothers Day Lunch</p>	<p>13th 10:30 a.m. Beltone Seminar 15th Center Closed for Volunteer Banquet 21st Taylor Lytle, Care Manager, from AAA 22nd Memorial Day Lunch</p>	<p>25th Memorial Day Center Closed 26th 11:00 a.m. Music with Billy Stoppe 28th National Flip Flop Day</p>	<p>Daily Activities: 9:30 a.m. Wii Games 12:00 p.m. Bingo Exercise Machines 9:00 a.m. - 1:00 p.m. 10:00am Mon, Wed & Fri Exercise Class Wed Karaoke Laptop classes available Volunteer Opportunities Wi-Fi Available</p>
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May 2026

Center Activities

LAUREL MOUNTAIN SENIOR CENTER

<p>1609 W Pitt Street Jennerstown, PA 15547 Senior Center Manager: Allana Guidry Phone: (814) 629-9926 E-mail: aguidry@somersetaaa.org Hours of Operation: Monday, Wednesday, & Friday 9:00AM - 2:00PM</p>	<p>(Lunch Served at 11:30, call the day before by noon to order lunch) 1st 12:00 p.m. Music with John Larimer 4th Birthday Lunch / Sign up for Mother's Day Lunch / Sue Holiday, PA-Medi</p>	<p>6th 12:00 p.m. Hilltop Heights Health and Rehab 11th Mother's Day Lunch / 12:00 p.m. Music with Billy Stoppe 13th 12:00 p.m. Interim Hospice 15th Center Closed for Volunteer Banquet</p>	<p>18th 10:30 p.m. Windber Home & Health, Blood Pressure Check 20th 12:00 p.m. Computer Education 22nd Memorial Day Lunch 24th 2 p.m. - 4 p.m. Ice Cream Social 25th Memorial Day Center Closed 27th Bri Aultz, Care Manager, from AAA</p>	<p>Daily Activities: Exercise Equipment 9:30 a.m. Mon & Wed On the Move Exercise Class 10:45 a.m. Bingo Wii Games Pool Table Puzzles Games Cards Laptop classes available Volunteer Opportunities Wi-Fi Available</p>
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MEYERSDALE AREA SENIOR CENTER

<p>120 North Street Meyersdale, PA 15552 Senior Center Manager: Julie Yinkey Phone: (814) 634-0713 E-mail: jyinkey@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM</p>	<p>(Lunch Served at 11:30, call the day before by noon to order lunch) 1st 10:00 a.m. Music with Billy Stoppe 4th Birthday Lunch / Reservations due for Mother's Day Lunch 6th 10:00 a.m. Sing Along 8th 10:30 a.m. Seminar & Activity / Community Life</p>	<p>11th Mother's Day Lunch & Party / Music with Tom & Carolyn 13th 10:00 a.m. Seminar & Activity / 365 Hospice 14th Reservations due for Memorial Day Lunch 15th Closed Volunteer Banquet 18th 10:00 a.m. Root Beer Floats</p>	<p>20th 10:00 a.m. Scavenger Hunt 22nd 10:00 a.m. Computer Class / Memorial Day Lunch 25th Memorial Day Center Closed 27th 10:00 a.m. Craft 28th 9:00 a.m. On the Move at special time / 10:30 a.m. Seminar & Activity/ UPMC Hospice / Ginny Kelly, Care Manager, from AAA 29th 10:00 a.m. Sing Along</p>	<p>Daily Activities: 9:30 a.m. Wii Games Exercise Machines Cards 11:00 a.m. Bingo 10:00 a.m. Tues Geri-Fit 10:00 a.m. Thurs On The Move Word Search Puzzle every Wed Laptop classes available Volunteer Opportunities Wi-Fi Available</p>
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May 2026

Center Activities

SOMERSET SENIOR CENTER

<p>1338 S Edgewood Avenue Somerset, PA 15501 Senior Center</p> <p>Manager: Gloria Maust</p> <p>Phone: (814) 445-7772</p> <p>E-mail: gmaust@somersetaaa.org</p> <p>Hours of Operation: Monday - Friday 9:00AM - 2:00PM</p>	<p>(Lunch Served at 11:30, call the day before by noon to order lunch)</p> <p>2nd 6:00 p.m. Kentucky Derby Dinner Post Time 6:57 p.m.</p> <p>4th Birthday Lunch / Noon Billy Stoppe Music / Start of sales for tickets for the Sr Picnic / Reservations due for Mother's Day lunch May 11th</p> <p>7th Sue Holiday Medicare information</p>	<p>11th Mothers Day Lunch / Reservations due for Memorial Day lunch May 22nd</p> <p>14th BP's with Windber Hospice</p> <p>15th Center Closed for Volunteer Banquet</p> <p>20th Shedding Day / Noon 365 Hospice Dance Party / Amy Hankinson, Care Manager, From AAA</p> <p>22nd Memorial Day Lunch / Noon John Larimer Music / Sherlock Holmes Day</p>	<p>25th Memorial Day Center Closed</p> <p>26th National Paper Airplane Day - Bring your paper airplane to fly</p> <p>31st 12:30 p.m. Indianapolis 500 Race afternoon</p>	<p>Daily Activities:</p> <p>Wii Games</p> <p>Exercise Machines</p> <p>9:00 Thurs TAI CHI</p> <p>9:30am Bingo (Tues & Thurs prize Bingo)</p> <p>Games, crafts, and other activities available daily</p> <p>Laptop classes available</p> <p>Volunteer Opportunities</p> <p>Wi-Fi Available</p>
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WINDBER SENIOR CENTER - CFL

<p>700 Fifth Street, Suite 200 Windber, PA 15963 Senior Center</p> <p>Director: Christine Saylor</p> <p>Phone: (814) 467-5912</p> <p>E-mail: csaylor@somersetaaa.org</p> <p>Hours of Operation: Monday - Friday 9:00AM - 2:00PM</p>	<p>(Lunch Served at 11:30, call the day before by noon to order lunch)</p> <p>1st Pizza Day-sign up by April 24th</p> <p>4th Birthday Lunch / Last Day to sign up for the Mother's Day Lunch</p> <p>5th Cinco de Mayo</p>	<p>11th Mother's Day Lunch</p> <p>13th 10:30 a.m. Music with John Larimer</p> <p>15th Center Closed for Volunteer Banquet</p> <p>22nd Memorial Day Lunch</p> <p>25th Memorial Day Center Closed</p>	<p>26th National Paper Airplane Day - come make one and see how far it will fly</p> <p>27th Becky Raley, Care Manager, from AAA</p> <p>28th National Flip Flop Day</p> <p>29th Pizza Party</p>	<p>Daily Activities:</p> <p>Wii Games</p> <p>Puzzles</p> <p>Cards & Board Games</p> <p>10:00 a.m. Mon & Fri Strong Bones</p> <p>10:00 a.m. Tues Body Strengthening</p> <p>10:00 a.m. Thurs Tai-Chi for Arthritis</p> <p>12:00 p.m. Tues, Wed, & Thurs Bingo</p> <p>12:30 p.m. Mon, Wed, & Fri Pinochle</p> <p>6:00 p.m. Wed Corn Hole</p> <p>Laptop Classes available</p> <p>Volunteer Opportunities</p> <p>Wi-Fi Available</p>
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Senior Centers Open House

We will be hosting an Open House at each of the Senior Centers from 5pm - 7pm. Please come and explore the centers and see what we have to offer!! Call your local Senior Center with any event related questions. We can't wait to see you there!

This Months Open House

Conemaugh Township Senior Center: May 7, 2026



May



2026 MENU

Attention:

May 15th Senior Centers will be CLOSED
due to Volunteer Banquet



1
Cheese Omelets
Home Fries
Sausage
Fresh Orange
Milk

4
BIRTHDAY LUNCH
Potato Crusted Fish
Pierogies
Corn Tomato Salad
Fruit Cocktail
Blueberry Vanilla Cake
Milk

5
Hot Turkey w/Gravy on
Whole Grain White Bread
Parslied Red Potatoes
Broccoli Florets
Cranberry Pineapple Orange
Pretzels
Milk

6
Macaroni & Cheese
Stewed Tomatoes
Cole Slaw
Apple
Milk

7
Beef Rice Soup
Mixed Green Salad
w/Cheese
Melon Cup
Dinner Roll
Margarine
Milk

8
Chicken Parmesan
Rotini w/Sauce
Italian Green Beans
Ambrosia Fruit Salad
Milk

11
Mother's Day Lunch
Stuffed Chicken Breast
Gravy
Mashed Potatoes
Peas
Apricot Halves
Banana Cream Pie
Milk

12
Hot Dog on Bun
Spanish Rice
Bermuda Blend Vegetables
Diced Pears
Milk

13
Chicken Pot Pie
Mixed Green Salad
w/Ham & Croutons
Tropical Fruit
Wheat Bread
Margarine
Milk

14
Porcupine Meatballs
Au Gratin Potatoes
Corn
Clementine
Milk

15
Rigatoni w/Meat Sauce
Creamed Cucumbers
Citrus Jello
Dinner Roll
Margarine
Milk

18
BBQ Pork Patty
Seasoned Whole Mini
Potatoes
Normandy Vegetables
Applesauce
Whole Grain White Bread
Margarine
Milk

19
Vegetable Beef Soup
Tuna Salad on Wheat Bread
Quartered Fruit
Milk

20
Baked Cod Loin
Brown Rice Pilaf
Italian Cauliflower
Fresh Grapes
Milk

21
Ham Potato Casserole
Tossed Salad w/Egg
Pineapple Tidbits
Cottage Cheese
Rye Bread
Margarine
Milk

22 MEMORIAL DAY LUNCH
Bacon Cheeseburger on
Wheat Bun
Baked Beans
Baked Potato Chips
Mango Cup
Cherry Pie
Milk

25


26
Salisbury Steak in Gravy
Scalloped Potatoes
Sliced Carrots
Diced Peaches
Dinner Roll
Margarine
Milk

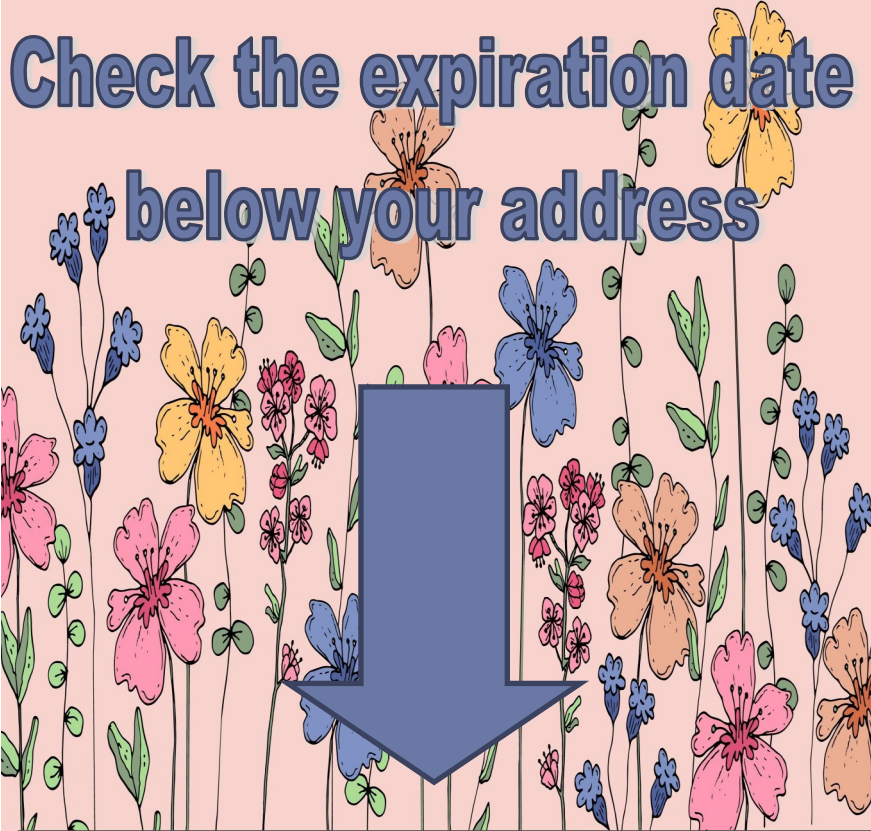
27
Stuffed Cabbage
Mashed Potatoes
Creamed Corn
Fresh Pear
Mozzarella Cheese Stick
V8 Juice
Milk

28
Italian Wedding Soup
Turkey Salad on Whole
Grain White Bread
Mandarin Oranges
Milk

29
Fish Sandwich on a
Wheat Bun
Potato Wedges w/Ranch
Citrus Salad
Milk

So you can enjoy a relaxed and comfortable dining experience, reservations are recommended. Please call the Center you plan on attending by 11:30 am the day before. The menu is subject to change due to typographical errors or other unforeseen circumstances.

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Check the expiration date
below your address



Senior News

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Linda Myers, Advisory Council Chairperson

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If you would like to obtain further information about any news-
letter topic or Agency services please call the Somerset office at

(814) 443-2681 or 1-800-452-0825

www.somersetaaa.org

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Somerset, PA 15501

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