

Senior News

AREA AGENCY ON AGING OF SOMERSET COUNTY • July 2026

Recognizing an Outstanding Leader



Two and a half years ago, Jennifer Clark accepted the role of Director of the Area Agency on Aging with a commitment to making a positive difference in the lives of Somerset County's older adults. Since then, she has led our agency with vision, compassion, and dedication.

This year, Jen achieved another significant milestone by graduating from the Aging Leadership Institute (ALI) on June 17, 2026. The program requires extensive coursework, leadership training, research, presentations, and professional development, all designed to strengthen leadership in the aging services network.

What makes this accomplishment especially impressive is that Jen completed the demanding ALI program while continuing to lead our agency through the daily responsibilities and challenges of serving older adults throughout our community. At the same time, she remained devoted to her family, supporting her three children through school activities, athletic competitions, graduations, and other important milestones.

Balancing the demands of agency leadership, professional development, and family life is no small feat. Jen's successful completion of ALI reflects the dedication, perseverance, and commitment that define her leadership every day.

Congratulations, Jen, on this well-deserved achievement. We are proud of your accomplishment, grateful for your leadership, and honored to celebrate this milestone with you.



Attention:

Starting July 1st Laurel Mountain Senior Center will now be open 5 days a week
Mon-Fri 9:00 a.m. to 2:00 p.m.

Activities:

- Exercise Equipment
- Bingo
- Wii Bowling
- Puzzles
- Table Games
- Laptops available

Where:

1609 W Pitt Street
Jennerstown PA,
15547

Stop in and
check it out!
Call 814-629-9926
to reserve a lunch!

Medicare Fraud and How to Take Action

If you suspect fraud call 1-800-MEDICARE (1-800-633-4227) or [Report Medicare Fraud online](#).

If you have a Medicare Advantage Plan or Medicare drug plan you can also call the Investigations Medicare Drug Integrity Contractor (I-MEDIC) at 1-877-7SAFERX (1-877-772-3379). What information should I

Do:

- Check the receipts and statements you get from providers for mistakes, and call your provider's office if you think a charge is incorrect.
- Create a secure Medicare.gov account to view your Original Medicare claims as soon as they're processed to help spot mistakes sooner.
- Remember that Medicare will never call you to sell you anything or visit you at your home. Medicare, or someone representing Medicare, will only call and ask for personal information in limited situations (like an agent or representative returning your call after you've joined a plan, reported fraud, or left a message for Medicare).

Don't:

- Give your Medicare card, Medicare Number, Social Security card, or Social Security Number to anyone except your doctor or people you know should have it (like insurers acting on your behalf or people who work with Medicare, like your State Health Insurance Assistance Program (SHIP). Get the contact information for your local SHIP.

[What do I do if my card is lost, stolen, or damaged?](#)

- Accept offers of money or gifts for free medical care.
- Allow anyone, except your doctor or other Medicare providers, to review your medical records or recommend services.

Join a Medicare health or drug plan over the phone, unless you called and asked for help

Drug & Alcohol Advisory Board Member

The Somerset Single County Authority for Drug and Alcohol is looking for an older adult to fill an immediate opening on their Advisory Board. The mission of the Somerset Single County Authority for Drug & Alcohol is to provide Somerset County with access to alcohol and substance use prevention, intervention, treatment, and treatment related services. If you are interested in more information, please contact Jennifer Clark at the Aging Office, or Erin Howsare at #814-445-1522.

July 2026

Center Activities

CENTRAL CITY AREA SENIOR CENTER

103 Sunshine Avenue Central City, PA 15926 Senior Center Manager: Marika Roberts Phone: (814) 754-5615 E-mail: mroberts@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM	(Lunch Served at 11:30, call the day before by noon to order lunch) 1st Independence Day Lunch / Nicole Sechler, Care Manager, from AAA 2nd Frappe Day 7th National Strawberry Sundae Day 8th 10:30 a.m. music with Billy Stoppe 10th National French Fry Day	13th Birthday Lunch 15th National Hot Dog Day 16th National Cherry Day 20th 10:00 a.m. music with Ed Cominsky 21st National Junk Food Day 23rd Gorgeous Grandma Day	24th Center Closed for Senior Picnic 28th National Milk Chocolate Day 30th National Cheesecake Day 	Daily Activities: 9:00 a.m. to 1:00 p.m. Wii Games available 9:00 a.m. to 1:00 p.m. Exercise Machines available 9:00 a.m. to 11:00 a.m. Skipbo card games available 9:30 a.m. Exercise class Mon and Wed Laptop Classes available Volunteer Opportunities Wi-Fi Available
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CONEMAUGH TOWNSHIP AREA SENIOR

959 South Main Street Hollsopple, PA 15935 Senior Center Manager: Cyndi Rose Phone: (814) 479-2216 E-mail: crose@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM	(Lunch Served at 11:30, call the day before by noon to order lunch) 1st 11:30 a.m. Independence Lunch 2nd 11:00 a.m. Craft with Senior Life 13th 11:30 a.m. Birthday Lunch / Sue Holiday, PA-Medi	14th 12:00 p.m. Ice Cream with Hilltop Heights 16th 12:00 p.m. Music with Billy Stoppe 21st 12:00 p.m. Music with Tom & Carolyn 22nd Amy Hankinson, Care Manager, from	23rd 10:30 a.m. Blood Pressure with Windber Home Health 24th Center Closed for Senior Picnic 28th 12:00 p.m. Craft with Cyndi Rose 30th 11:30 a.m. Potluck at the Center / Becky Raley, Care Manager, from AAA	Daily Activities: Bingo Wii Games Puzzles Exercise Machines available 10:00 a.m. Tues & Thurs Geri-Fit Laptop classes available Volunteer Opportunities Wi-Fi Available 
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CONFLUENCE AREA SENIOR CENTER

700 Reynolds Street Confluence, PA 15424 Senior Center Director: Terri Dively Phone: (814) 395-5117 E-mail: tdively@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM	(Lunch Served at 11:15, call the day before by noon to order lunch) 1st Holiday Lunch 3rd CLOSED 13th 5:00 p.m. - 7:00 p.m. Open House	15th 10:30 a.m. - 11:30 a.m. Music with John Larimar 24th Center Closed for Senior Picnic 27th 11:00 a.m. - 12:00 p.m. Music with Billy		Daily Activities: 9:30 a.m. Wii Games 12:00 p.m. Bingo Exercise Machines 9:00 a.m. - 2:00 p.m. 10:00 a.m. Wed & Fri Exercise Class 10:00 a.m. - 11:00 a.m. Theology Tues Laptop classes available Volunteer Opportunities Wi-Fi Available
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July 2026

Center Activities

LAUREL MOUNTAIN SENIOR CENTER

1609 W Pitt Street Jennerstown, PA 15547 Senior Center Manager: Allana Guidry Phone: (814) 629-9926 E-mail: aguidry@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM	(Lunch Served at 11:30, call the day before by noon to order lunch) 1st Bingo Bucks Store Opens / Independent Lunch / Sue Holiday, PA-Medi 6th Hilltop Heights / 5:00 p.m. - 7:00 p.m. Open House 8th 12:00 p.m. Music with Tom & Carolyn	9th 12:00 p.m. Bingo with Senior Solutions 13th Birthday Lunch / 12:00 p.m. Music with Billy Stoppe / Taylor Lytle, Care Manager, from AAA 15th 11:00 p.m. Craft with Senior Life 20th 10:30 a.m. Blood Pressure with Windber Home	22nd 12:30 p.m. Computer Class 24th Center Closed for Senior Picnic 	Daily Activities: Exercise Equipment 9:30 a.m. Mon & Wed On the Move Exercise Class 10:45 a.m. Bingo (play for Bingo Bucks) Wii Bowling Puzzles Table Games Laptop classes available Volunteer Opportunities Wi-Fi Available
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MEYERSDALE AREA SENIOR CENTER

120 North Street Meyersdale, PA 15552 Senior Center Manager: Julie Yinkey Phone: (814) 634-0713 E-mail: jyinkey@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM	(Lunch Served at 11:30, call the day before by noon to order lunch) 1st Independence Lunch 3rd Closed Happy Independence Day 6th 10:00 a.m. Music/ Billy Stroppe 10th 10:00 a.m. Music/ Just Friends	13th Birthday Lunch / 10:30 a.m. Seminar/ Community Life 15th 10:00 Seminar/ Twilla Bender on PA Directive 17th 10:00 Scavenger Hunt / 10:00 a.m. Craft 20th 10:00 a.m. Music/Tom & Carolyn 22nd 10:00 a.m. Popcorn	23rd 9:30 a.m. Special Time for On the Move / 10:30 a.m. Seminar/ UPMC Hospice 24th Center Closed for Senior Picnic 29th 10:00 a.m. Trivia-Summer Sports 27th 10:00 a.m. Computer Class 31st 10:00 a.m. Sing Along 	Daily Activities: 9:30 a.m. Wii Games Exercise Machines Cards 11:00 a.m. Bingo 10:00 a.m. Tues Geri-Fit 10:00 a.m. Thurs On The Move Word Search Puzzle every Wed Laptop classes available Volunteer Opportunities Wi-Fi Available PA Medi services by appointment
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July 2026

Center Activities

SOMERSET SENIOR CENTER

1338 S Edgewood Avenue Somerset, PA 15501 Senior Center Manager: Gloria Maust Phone: (814) 445-7772 E-mail: gmaust@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM	(Lunch Served at 11:30, call the day before by noon to order lunch) 1 st Independence Day Lunch / Noon Eric Harris Music 2 nd 4th of July Picnic – Bring a covered dish / Bri Aultz, Care Manager, from AAA 3 rd Center closed in observance of Independence Day	8 th Decorate Christmas in July Cookies 9 th BP's Windber Hospice 11 th 1:00 p.m. Corn Hole Games and Tailgate 13 th 10:30 UPMC Activity / Birthday Lunch 15 th Noon Dixie and Friends Music 17 th Dinner and Game Night 5:00 20 th Noon \$10 gift for White Elephant game	21 st 10:30 a.m. Beltone Hearing Loss Presentation 22 nd Ugly Christmas in July Shirt Day 24 th Center Closed for Senior Picnic 31 st Red Cross Blood Drive *Will be celebrating Christmas in July* 	Daily Activities: Wii Games Exercise Machines 9:00 Thurs TAI CHI 9:30am Bingo (Tues & Thurs prize Bingo) Games, crafts, and other activities available daily Laptop classes available Volunteer Opportunities Wi-Fi Available Friday fun days will be every Friday in July, weather depending. Bring your lawn chair. We will be playing games outside and walking the lower parking lot.
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WINDBER SENIOR CENTER – CFL

700 Fifth Street, Suite 200 Windber, PA 15963 Senior Center Director: Christine Saylor Phone: (814) 467-5912 E-mail: csaylor@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM	(Lunch Served at 11:30, call the day before by noon to order lunch) 1 st 10:30 a.m. & 12:00 p.m. Music with John Larimer / 250th Celebration, music, trivia and	3 rd Center Closed - Happy 250th Independence Day 6 th Birthday Lunch 9 th Ginny Kelly, Care Manager, from AAA 15 th 10:30 a.m. Music with Billy Stoppe 22 nd 10:00 a.m. Bingo with IU8	24 th Center Closed for Senior Picnic 28 th 12:00 p.m. Bingo with Windber Woods 	Daily Activities: Wii Games Puzzles Cards & Board Games 10:00 a.m. Mon & Fri Strong Bones 10:00 a.m. Tues Body Strengthening 10:00 a.m. Thurs Tai-Chi for Arthritis 12:00 p.m. Tues, Wed, & Thurs Bingo 12:30 p.m. Mon, Wed, & Fri Pinochle 6:00 p.m. Wed Corn Hole Laptop Classes available Volunteer Opportunities Wi-Fi Available
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Senior Centers Open House

We will be hosting an Open House at each of the Senior Centers from 5pm - 7pm. Please come and explore the centers and see what we have to offer!! Call your local Senior Center with any event related questions. We can't wait to see you there!

This Months Open House

Laurel Mountain Senior Center: July 6, 2026

Confluence Senior Center: July 13, 2026

July

2026 MENU

 Happy 4th of July		1 INDEPENDENCE DAY LUNCH Hot Dog on Bun Baked Butter Beans Sauerkraut Salad Watermelon Fig Newton Milk	2 Chicken Pot Pie Mixed Green Salad w/Egg Fruit Cocktail Dinner Roll w/Margarine Milk	3  INDEPENDENCE DAY
6 Salisbury Steak in Gravy Scalloped Potatoes Peas Sliced Apples Milk	7 Breaded Cod Mexican Rice Winter Blend Vegetables Mandarin Oranges Milk	8 Lasagna Mixed Green Salad Fresh Pear Breadstick Milk	9 Ham & Bean Soup Cucumber Tomato Salad Citrus Jello Salad Italian Bread w/Margarine Cheese Stick Milk	10 Meatloaf Mashed Potatoes Green Beans Cantaloupe Chunks Milk
13 BIRTHDAY LUNCH Baked Ham w/Pineapple Sauce Seasoned Whole Mini Potatoes Rainbow Carrots Mango Cup Strawberry Shortcake Milk	14 Stuffed Pepper Soup Chicken Salad on Whole Grain White Bread Quartered Fruit Milk	15 BBQ Chicken Au Gratin Potatoes Chuck Wagon Vegetables Pineapple Tidbits Milk	16 Beef Stew Pickled Egg & Beets Fresh Orange Dinner Roll w/Margarine Milk	17 Baked Haddock Brown Rice Pilaf Asian Blend Vegetables Tropical Fruit Tartar Sauce Milk
20 Sirloin Beef Tips in Mushroom Gravy Parslied Red Potatoes Brussel Sprouts Fruit Medley Milk	21 Chicken Noodle Soup Mixed Green Salad w/Ham & Croutons Fresh Apple Rye Bread w/Margarine Milk	22 Western Frittata Home Fries Sausage Cranberry Juice Milk	23 Stuffed Shells Italian Cauliflower Cottage Cheese Diced Peaches Italian Bread w/Margarine Milk	24  ANNUAL SENIOR PICNIC
27 Roast Turkey w/Gravy Sweet Potatoes Bermuda Blend Vegetables Cranberry Sauce Whole Grain White Bread w/Margarine Milk	28 Vegetable Soup Ham & American Cheese on Wheat Bread Mandarin Oranges Milk	29 Kielbasa Pierogies Sauerkraut Pineapple Tidbits Brownie Milk	30 Broccoli Cheese Soup Confetti Cole Slaw Melon Cup Cottage Cheese Dinner Roll w/Margarine Milk	31 Stuffed Cabbage Mashed Potatoes Creamed Corn Applesauce Tomato Juice Milk

So you can enjoy a relaxed and comfortable dining experience, reservations are recommended. Please call the Center you plan on attending by 11:30 am the day before. The menu is subject to change due to typographical errors or other unforeseen circumstances.

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Senior News

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Brian Fochtman

Irvin Kimmel

Pamela A. Tokar-Ickes

Jennifer Clark, Director

Jessica Berkey, Assistant Director

Linda Myers, Advisory Council Chairperson

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Department of Aging.
If you would like to obtain further information about any news-
letter topic or Agency services please call the Somerset office at

(814) 443-2681 or 1-800-452-0825

www.somersetaaa.org



RETURN SERVICE REQUESTED

Website: www.somersetaaa.org

Email: webmaster@somersetaaa.org

Fax: (814) 443-0557

Phone: (814) 443-2681

Somerset, PA 15501

1338 South Edgewood Avenue

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