

Senior News

AREA AGENCY ON AGING OF SOMERSET COUNTY • January 2026



LAUREL MOUNTAIN SENIOR CENTER GRAND OPENING!!



WE WANT TO GIVE A SPECIAL
THANKS TO EVERYONE WHO
CAME TO CHECK OUT THE NEW
SENIOR CENTER. WE LOOK
FORWARD TO SEEING YOU THERE
MONDAYS, WEDNESDAYS, AND
FRIDAYS!



SOMERSET COUNTY EVENTS FOR JANUARY 2026

ANNUAL FIRE & ICE FESTIVAL

(January 16-18)

Location: Uptown Somerset (Main Street Area)

What to Expect?

- Themed Ice Sculptures
- Fireworks
- Fire Dancers
- Chili Cookoff
- An ice Slide
- Live Music
- Food Trucks
- Indoor Markets



SOMERSET COUNTY MOBILE FOOD BANK

What is it? - Food is distributed to low income families throughout Somerset County. (814) 444-2509

Distribution Schedule

1/10 Distribution

- Conemaugh Township
- Meyersdale
- Somerset County Education Center

1/21 Distribution

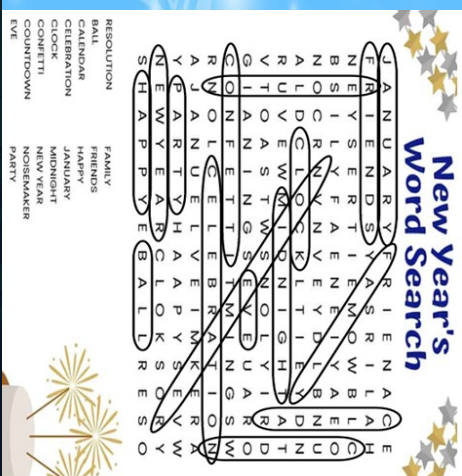
- Boswell
- Hollsopple
- Windber

1/20 Distribution

- Central City
- Berlin
- Meyersdale

1/22 Distribution

- Rockwood
- Confluence
- Somerset Alliance Church





Central City Area Senior Center

| | | | | |
|---|---|--|---|--|
| 103 Sunshine Avenue Central City, PA 15926 Senior Center Manager: Marika Roberts Phone: (814) 754-5615 E-mail: mroberts@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM | 1 st New Years Day Center CLOSED 2 nd National Chocolate Covered Cherries Day 5 th Birthday Lunch 5 th 10:30 Music with John Larimer 8 th Elvis Presley's Birthday 12 th Tea Party | 14 th 10:30 Music with Billie Stoppe 16 th Prohibition Remembrance Day 16 th Ginny Kelly 19 th Martin Luther King Jr Day Center CLOSED 20 th National Coffee Break Day | 21 st Hannah Watkins 22 nd 10:30 Music with Tom and Carolyn 26 th National Bubble Wrap Day 29 th National Puzzle Day 30 th Hannah Watkins | Daily Activities: 9:00 to 1:00 Exercise machines available 9:30 Wii Games 10:30 Exercise Monday & Wednesday Skipbo card game available every day |
|---|---|--|---|--|



Conemaugh Township Area Senior Center

| | | | | |
|---|---|--|---|---|
| 959 South Main Street Hollsopple, PA 15935 Senior Center Manager: Allana Guidry Phone: (814) 479-2216 E-mail: aguidry@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM | 1 st New Years Day Center CLOSED 5 th Birthday Lunch 8 th 12:00 Music with Denise Baldwin | 12 th 12:00 Music with John Larimer 15 th 12:00 Music with Billy Stoppe 19 th Martin Luther King Jr Day Center CLOSED | 20 th 12:00 Music with Tom & Carolyn 21 st Lana Merringer | Daily Activities: Bingo Exercise Machines Computers Puzzles Wii Games |
|---|---|--|---|---|



Confluence Area Senior Center

| | | | | |
|--|---|---|--|--|
| 700 Reynolds Street Confluence, PA 15424 Senior Center Director: Christine Saylor Phone: (814) 395-5117 or (814) 467-5912 E-mail: csaylor@somersetaaa.org Hours of Operation: Monday - Friday 9:00AM - 2:00PM | 1 st New Years Day Center CLOSED 5 th Birthday Lunch 6 th National Take Your Tree Down Day 6 th Nicole Sechler 12 th National Hot Tea Day - Enjoy a cup | 19 th Martin Luther King Jr Day Center CLOSED 20 th National Coffee Break Day 21 st Amy Hankinson 26 th 11:00 Music with Billy | 27 th Becky Raley 29 th National Puzzle Day - Work on a puzzle | Daily Activities: 9:00 - 1:00 Exercise Machines - Available for everyday use 9:30 Wii Games 12:00 Bingo Karaoke Every Wednesday |
|--|---|---|--|--|



Laurel Mountain Senior Center

| | | | | |
|--|---|--|--|---|
| 1609 Pitt Street Jennerstown, PA 15547 Senior Center Manager: Allana Guidry Phone: (814) 629-9926 E-mail: aguidry@somersetaaa.org Hours of Operation: Monday, Wednesday, & Friday 9:00AM - 2:00PM | 1 st New Years Day Center CLOSED 5 th Birthday Lunch 7 th 12:00 Music with Tom & Carolyn 9 th Lana Merringer 12 th 12:00 Music with Billy Stoppe 14 th 12:00 Music with John Larimer | 19 th Martin Luther King Jr Day Center CLOSED 21 st 12:30 Music with Ed Cominsky 23 rd Ginny Kelly 28 th 12:00 Music with Denise Baldwin 30 th Becky Raley | Laurel Mountain Senior Center has been open for a month now. If you haven't checked it out, we hope to see you in the new year! | Daily Activities: Bingo Wii Games Exercise Machines Computers Puzzles |
|--|---|--|--|---|




Meyersdale Area Senior Center

| | | | | |
|---|---|---|---|--|
| <p>120 North Street Meyersdale, PA 15552</p> <p>Senior Center Manager: Julie Yinkey</p> <p>Phone: (814) 634-0713</p> <p>E-mail: jyinkey@somersetaaa.org</p> <p>Hours of Operation: Monday - Friday 9:00AM - 2:00PM</p> | <p>1st New Years Day Center CLOSED</p> <p>2nd 10:00 Sing Along</p> <p>5th Birthday Lunch/ Wii Bowling starts back up</p> <p>8th 10:00 Computer Class</p> <p>9th 10:00 Seminar/ Duane Riddle</p> | <p>12th 10:00 Music/Tom and Carolyn</p> <p>13th Taylor Lytle</p> <p>14th 10:00 Craft </p> <p>15th 10:00 Popcorn</p> <p>19th Martin Luther King Jr Day Center CLOSED</p> | <p>22nd 10:30 Seminar & Activity UMPC Hospice</p> <p>23rd 10:00 Scavenger Hunt</p> <p>23rd Amy Hankinson</p> <p>26th 10:00 Trivia</p> <p>29th 10:00 Computer Class</p> <p>30th 10:00 Sing Along</p> <p>30th Taylor Lytle</p> | <p>Daily Activities: 9:30 Wii Games</p> <p>10:00 Geri-Fit every Tuesday</p> <p>11:30 Bingo</p> <p>Exercise Machines & Laptops available everyday</p> <p>Puzzles, Word Search Puzzle every Wednesday</p> |
|---|---|---|---|--|

Somerset Senior Center

| | | | | |
|--|---|--|---|--|
| <p>1338 Edgewood Avenue Somerset, PA 15501</p> <p>Senior Center Manager: Gloria Maust</p> <p>Phone: (814) 445-7772</p> <p>E-mail: gmaust@somersetaaa.org</p> <p>Hours of Operation: Monday - Friday 9:00AM - 2:00PM</p> | <p>1st New Years Day Center CLOSED</p> <p>2nd Bri Aultz</p> <p>5th Birthday Lunch</p> <p>5th 10:30 Music with Billy Stoppe</p> <p>5th Nicole Sechler</p>  | <p>8th Activity w/Renae from Community Life</p> <p>12th 10:30 Bobbie UPMC</p> <p>13th Rubber Ducky Day</p> <p>16th 2:00 Game Afternoon</p> <p>16th Bri Aultz</p> | <p>19th Martin Luther King Jr Day Center CLOSED</p> <p>23rd National Pie Day</p> <p>26th Last Day to make reservations for Birthday Lunch February 2nd</p> <p>29th National Puzzle Day</p> <p>30th Have fun at work Day</p> | <p>Daily Activities: 9:30 Bingo (Tuesdays and Thursdays are prize Bingo)</p> <p>9:30 TAI CHI every Thursday</p> <p>Geri Fit, Chair Yoga, Wii, and other games and puzzles available daily</p> |
|--|---|--|---|--|

Windber Senior Center - CFL

| | | | | |
|---|--|---|---|---|
| <p>700 Fifth St., Suite 200 Windber, PA 15963</p> <p>Senior Center Manager: Marika Roberts</p> <p>Phone: (814) 467-5912</p> <p>E-mail: mroberts@somersetaaa.org</p> <p>Hours of Operation: Monday - Friday 9:00AM - 2:00PM</p> | <p>1st New Years Day Center CLOSED</p> <p>5th Birthday Lunch</p> <p>6th 10:30 Music with John Larimer</p> <p>9th National Law Enforcement Appreciation Day</p> <p>13th National Rubber Ducky Day</p> | <p>14th 10:30 Music with Tom and Carolyn</p> <p>15th National Hat Day</p> <p>19th Martin Luther King Jr Day Center CLOSED</p> <p>21st 10:30 Music with Billy Stoppe</p> <p>21st Brendan Saunders</p> <p>23rd National Pie Day</p> | <p>27th Speak up and Succeed Day</p> <p>27th 12:00 Windber Wood Prize Bingo</p> <p>28th Brendan Saunders</p> <p>29th National Puzzle Day</p>  | <p>Daily Activities: 9:00 - 1:00 Exercise Machines available</p> <p>9:00 - 10:00 Yoga</p> <p>Tuesday & Thursday 9:30 Wii Games</p> <p>10:15 Exercise classes</p> <p>Monday through Friday Skipbo card game available</p> |
|---|--|---|---|---|

Starting this month and continuing throughout the year care managers will now be visiting the Senior Centers. The information located below will be the different care managers you can expect to see this month. The care managers name along with the day they will be at a Senior Center has been inserted into the activities list for each center. Feel free to ask questions and get to know each individual!

Hannah Watkins

Nicole Sechler

Ginny Kelly

Taylor Lytle

Amy Hankinson

Bri Aultz

Becky Raley

Brendan Saunders

Lana Merringer



CLOSED

NEW YEAR'S DAY

| | | | | |
|---|---|--|--|--|
| BIRTHDAY LUNCH 5 Stuffed Peppers Mashed Potatoes Peas Mango Cup Raisin Spice Cake w/Icing Milk | 6 Chicken Pot Pie Mixed Green Salad w/Cheese Quartered Fruit Dinner Roll w/Margarine | 7 Potato Crusted Cod Asian Blend Vegetables Macaroni Salad Fresh Apple Milk | 8 Beef Barley Soup Creamed Cucumbers Citrus Salad Garlic Breadstick Milk | 9 Vegetable Lasagna Ham Salad on Whole Grain White Bread Orange Milk |
| 12 Salisbury Steak w/Gravy Scalloped Potatoes Winter Blend Vegetables Mandarin Oranges Dinner Roll w/Margarine Milk | 13 Ham, Green Beans & Potatoes Tossed Salad w/Egg & Croutons Diced Peaches Peanut Butter Cookie Milk | 14 Meatloaf Fire Roasted Red Diced Potatoes Corn Fresh Pear Milk | 15 Rigatoni w/Meat Sauce Two Bean Salad Fruit Medley Dinner Roll w/Margarine Milk | 16 Fish Sandwich w/Cheese on a Wheat Bun Tartar Sauce Cole Slaw Melon Cup Milk |
| 19  Martin Luther King Jr. Day | 20 Beef Stew Broccoli Salad Applesauce Whole Grain White Bread w/Margarine Milk | 21 Baked Chicken w/Gravy Parslied Red Potatoes Glazed Carrots Fresh Orange Milk | 22 Italian Wedding Soup Chicken Salad on Wheat Bread Tropical Fruit Milk | 23 Honey Mustard Marinated Pork Chops Au Gratin Potatoes Baby Lima Beans Diced Pears Milk |
| 26 Macaroni & Cheese Stewed Tomatoes Fruit Cocktail in Orange Jello Milk | 27 Chicken Noodle Soup Mixed Green Salad w/Egg Pineapple Blueberry Fruit Cup Wheat Bread w/Margaine Milk | 28 Country Fried Pork Fritter w/Gravy Mashed Potatoes Normandy Vegetables Banana Milk | 29 Veal Parmesan Rotini w/Sauce Green Beans Cranberry Applesauce Milk | 30 Western Frittata Canadian Bacon Cottage Cheese English Muffin w/Jelly Orange Juice Milk |

So you can enjoy a relaxed and comfortable dining experience, reservations are recommended. Please call the Center you plan on attending by 11:30 am the day before. The menu is subject to change due to typographical errors or other unforeseen circumstances.

New Year's Word Search

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| J | A | N | U | A | R | Y | F | R | I | E | N | A | C | E |
| F | R | I | E | N | D | S | Y | A | S | R | I | L | A | H |
| N | E | Y | S | E | R | T | I | E | M | O | W | B | L | C |
| B | S | I | L | Y | F | A | E | N | E | I | Y | A | E | C |
| N | O | C | R | N | V | N | V | E | Y | D | L | B | N | U |
| A | L | D | C | L | O | C | K | L | T | I | E | Y | D | N |
| R | U | V | E | W | M | I | D | N | I | G | H | T | A | T |
| V | T | O | A | S | T | W | S | N | O | L | Y | I | R | D |
| G | I | A | N | I | N | G | S | E | V | E | U | A | R | O |
| C | O | N | F | E | T | T | I | T | M | I | N | G | S | W |
| R | N | O | L | C | E | L | E | B | R | A | T | I | O | N |
| A | J | A | N | U | E | L | V | E | I | M | K | E | R | A |
| Y | P | A | R | T | Y | H | A | A | P | Y | S | E | V | W |
| N | E | W | Y | E | A | R | C | L | O | K | S | O | R | Y |
| S | H | A | P | P | Y | E | B | A | L | L | R | E | S | O |

RESOLUTION
BALL
CALENDAR
CELEBRATION
CLOCK
CONFETTI
COUNTDOWN
EVE

FAMILY
FRIENDS
HAPPY
JANUARY
MIDNIGHT
NEW YEAR
NOISEMAKER
PARTY



January Day to Remember

January 4th - Trivia Day

January 8th - National Bubble Bath Day

January 15th - National Bagel Day

January 21st - National Hugging Day

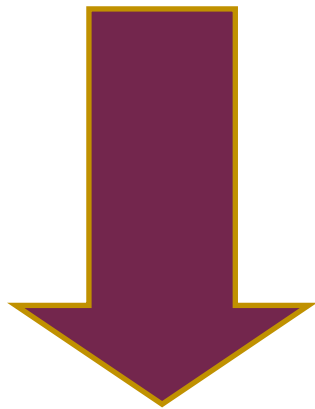
January 23rd - National Reading Day

January 24th - National Peanut Butter Day

January 27th - National Chocolate Cake Day

January 30th - National Croissant Day

Is your Senior Newsletter Subscription expiring? Check the expiration date below your address



Senior News

Published monthly by the
Area Agency on Aging of Somerset County,
a department of Somerset County
Government under the
Commissioners of Somerset County

Brian Fochtman

Irvin Kimmel

Pamela A. Tokar-Ickes

Jennifer Clark, Director

Jessica Berkey, Assistant Director

Linda Myers, Advisory Council Chairperson

This project is funded, in part, under contract with the PA
Department of Aging.
If you would like to obtain further information about any news-
letter topic or Agency services please call the Somerset office at

(814) 443-2681 or 1-800-452-0825

www.somersetaaa.org



RETURN SERVICE REQUESTED

Website: www.somersetaaa.org

Email: webmaster@somersetaaa.org

Fax: (814) 443-0557

Phone: (814) 443-2681

Somerset, PA 15501

1338 South Edgewood Avenue

To renew subscription, clip out mailing label and send it in with the \$5
Non-Refundable yearly fee. If you have email, just send your email
address to : webmaster@somersetaaa.org and get your newsletter
sent right to your email address for FREE!