

Senior News

AREA AGENCY ON AGING OF SOMERSET COUNTY • January 2026

HAPPY NEW YEAR
2026



LAUREL MOUNTAIN SENIOR CENTER GRAND OPENING!!



WE WANT TO GIVE A SPECIAL
THANKS TO EVERYONE WHO
CAME TO CHECK OUT THE NEW
SENIOR CENTER. WE LOOK
FORWARD TO SEEING YOU THERE
MONDAYS, WEDNESDAYS, AND
FRIDAYS!



SOMERSET COUNTY EVENTS FOR JANUARY 2026

ANNUAL FIRE & ICE FESTIVAL

(January 16-18)

Location: Uptown Somerset (Main Street Area)

What to Expect?

- Themed Ice Sculptures
- Fireworks
- Fire Dancers
- Chili Cookoff
- An ice Slide
- Live Music
- Food Trucks
- Indoor Markets



SOMERSET COUNTY MOBILE FOOD BANK

What is it? - Food is distributed to low income families throughout Somerset County. (814) 444-2509

Distribution Schedule

1/10 Distribution

- Conemaugh Township
- Meyersdale
- Somerset County

Education Center

1/20 Distribution

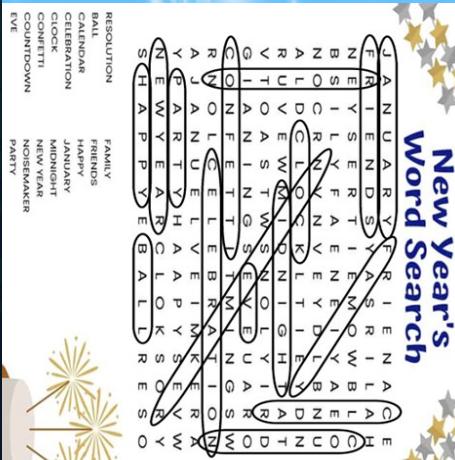
- Central City
- Berlin
- Meyersdale

1/21 Distribution

- Boswell
- Hollsopple
- Windber

1/22 Distribution

- Rockwood
- Confluence
- Somerset Alliance Church



JANUARY 2026



Center Activities

Central City Area Senior Center

103 Sunshine Avenue

Central City, PA 15926

Senior Center Manager:

Marika Roberts

Phone:

(814) 754-5615

E-mail:

mroberts@somersetaaa.org

Hours of Operation:

Monday - Friday

9:00AM - 2:00PM

1st New Years Day Center

CLOSED

2nd National Chocolate
Covered Cherries Day

5th Birthday Lunch

5th 10:30 Music with John
Larimer

8th Elvis Presley's Birthday

12th Tea Party



14th 10:30 Music with
Billie Stoppe

16th Prohibition
Remembrance Day

16th **Ginny Kelly**

19th Martin Luther King
Jr Day Center
CLOSED

20th National Coffee
Break Day

21st **Hannah Watkins**

22nd 10:30 Music with
Tom and Carolyn

26th National Bubble
Wrap Day

29th National Puzzle
Day

30th **Hannah Watkins**

Daily Activities:

9:00 to 1:00 Exercise
machines available

9:30 Wii Games

10:30 Exercise Monday
& Wednesday

Skipbo card game
available every day

Conemaugh Township Area Senior Center

959 South Main Street
Hollsopple, PA 15935

Senior Center Manager:

Allana Guidry

Phone:

(814) 479-2216

E-mail:

aguidry@somersetaaa.org

Hours of Operation:

Monday - Friday

9:00AM - 2:00PM

1st New Years Day
Center **CLOSED**

5th Birthday Lunch

8th 12:00 Music with
Denise Baldwin

12th 12:00 Music with
John Larimer

15th 12:00 Music with
Billy Stoppe

19th Martin Luther King
Jr Day Center **CLOSED**

20th 12:00 Music
with Tom &
Carolyn

21st **Lana Merringer**



Daily Activities:
Bingo

Exercise Machines

Computers

Puzzles

Wii Games

Confluence Area Senior Center

700 Reynolds Street
Confluence, PA 15424

Senior Center Director:

Christine Saylor

Phone:

(814) 395-5117 or
(814) 467-5912

E-mail:

csaylor@somersetaaa.org

Hours of Operation:

Monday - Friday

9:00AM - 2:00PM

1st New Years Day
Center **CLOSED**

5th Birthday Lunch

6th National Take
Your Tree Down Day

6th **Nicole Sechler**

12th National Hot Tea
Day - Enjoy a cup

19th Martin Luther
King Jr Day Center
CLOSED

20th National
Coffee Break Day

21st **Amy Hankinson**

26th 11:00 Music
with Billy

27th **Becky Raley**

29th National
Puzzle Day - Work
on a puzzle



Daily Activities:

9:00 - 1:00 Exercise

Machines - Available for
everyday use

9:30 Wii Games

12:00 Bingo

Karaoke Every Wednesday

Laurel Mountain Senior Center

1609 Pitt Street
Jennerstown, PA 15547

Senior Center Manager:

Allana Guidry

Phone:

(814) 629-9926

E-mail:

aguidry@somersetaaa.org

Hours of Operation:

Monday, Wednesday, &
Friday

9:00AM - 2:00PM

1st New Years Day
Center **CLOSED**

5th Birthday Lunch

7th 12:00 Music with
Tom & Carolyn

9th **Lana Merringer**

12th 12:00 Music with
Billy Stoppe

14th 12:00 Music with
John Larimer

19th Martin Luther
King Jr Day Center
CLOSED

21st 12:30 Music with
Ed Cominsky

23rd **Ginny Kelly**

28th 12:00 Music with
Denise Baldwin

30th **Becky Raley**

**Laurel Mountain
Senior Center
has been open**

**for a month
now. If you**

**haven't checked
it out, we hope**

to see you in the

new year!

Daily Activities:

Bingo

Wii Games

Exercise Machines

Computers

Puzzles

JANUARY 2026



Center Activities

Meyersdale Area Senior Center

**120 North Street
Meyersdale, PA
15552**

Senior Center Manager:

Julie Yinkey

Phone:

(814) 634-0713

E-mail:

jyinkey@somersetaaa.org

Hours of Operation:

Monday - Friday
9:00AM - 2:00PM

1st New Years Day
Center **CLOSED**

2nd 10:00 Sing Along

5th Birthday Lunch/ Wii
Bowling starts back up

8th 10:00 Computer
Class

9th 10:00 Seminar/
Duane Riddle

12th 10:00 Music/Tom
and Carolyn

13th **Taylor Lytle**

14th 10:00 Craft
Popcorn

15th 10:00 Popcorn
19th Martin Luther
King Jr Day Center
CLOSED

22nd 10:30 Seminar &
Activity UMPC Hospice

23rd 10:00 Scavenger Hunt

23rd **Amy Hankinson**
10:00 Trivia

29th 10:00 Computer Class

30th 10:00 Sing Along
30th **Taylor Lytle**

Daily Activities:

9:30 Wii Games

10:00 Geri-Fit every Tuesday

11:30 Bingo

Exercise Machines & Laptops
available everyday

Puzzles, Word Search Puzzle
every Wednesday

Somerset Senior Center

**1338 Edgewood Avenue
Somerset, PA 15501**

Senior Center Manager:

Gloria Maust

Phone:

(814) 445-7772

E-mail:

gmaust@somersetaaa.org

Hours of Operation:

Monday - Friday
9:00AM - 2:00PM

1st New Years Day
Center **CLOSED**

2nd **Bri Aultz**

5th Birthday Lunch

5th 10:30 Music with
Billy Stoppe

5th **Nicole Sechler**



8th Activity w/Renae from
Community Life

12th 10:30 Bobbie UPMC

13th Rubber Ducky Day

16th 2:00 Game Afternoon

16th **Bri Aultz**

19th Martin Luther King Jr
Day Center **CLOSED**

23rd National Pie Day

26th Last Day to make
reservations for Birthday
Lunch February 2nd

29th National Puzzle Day

30th Have fun at work Day

Daily Activities:

9:30 Bingo (Tuesdays and
Thursdays are prize Bingo)

9:30 TAI CHI every
Thursday

Geri Fit, Chair Yoga, Wii,
and other games and
puzzles available daily

Windber Senior Center - CFL

**700 Fifth St., Suite 200
Windber, PA 15963**

Senior Center Manager:

Marika Roberts

Phone:

(814) 467-5912

E-mail:

mroberts@somersetaaa.org

Hours of Operation:

Monday - Friday
9:00AM - 2:00PM

1st New Years Day Center
CLOSED

5th Birthday Lunch

6th 10:30 Music with John
Larimer

9th National Law
Enforcement Appreciation
Day

13th National Rubber
Ducky Day

14th 10:30 Music with
Tom and Carolyn

15th National Hat Day

19th Martin Luther King
Jr Day Center
CLOSED

21st 10:30 Music with
Billy Stoppe

21st **Brendan Saunders**

23rd National Pie Day

27th Speak up and
Succeed Day

27th 12:00 Windber
Wood Prize Bingo

28th **Brendan Saunders**
29th National Puzzle Day



Daily Activities:

9:00 - 1:00 Exercise
Machines available

9:00 - 10:00 Yoga
Tuesday & Thursday

9:30 Wii Games
10:15 Exercise classes

Monday through Friday
Skipbo card game available

Starting this month and continuing throughout the year care managers will now be visiting the Senior Centers. The information located below will be the different care managers you can expect to see this month. The care managers name along with the day they will be at a Senior Center has been inserted into the activities list for each center. Feel free to ask questions and get to know each individual!

Hannah Watkins

Nicole Sechler

Ginny Kelly

Taylor Lytle

Amy Hankinson

Bri Aultz

Becky Raley

Brendan Saunders

Lana Merringer

JANUARY

2026 MENU



NEW YEAR'S DAY

BIRTHDAY LUNCH	5	6	7	8	9
Stuffed Peppers Mashed Potatoes Peas Mango Cup Raisin Spice Cake w/Icing Milk		Chicken Pot Pie Mixed Green Salad w/Cheese Quartered Fruit Dinner Roll w/Margarine	Potato Crusted Cod Asian Blend Vegetables Macaroni Salad Fresh Apple Milk	Beef Barley Soup Creamed Cucumbers Citrus Salad Garlic Breadstick Milk	BBQ Pork Patty Potato Wedges Chuck Wagon Vegetables Pineapple Tidbits Milk
12	13	14	15	16	
Salisbury Steak w/Gravy Scalloped Potatoes Winter Blend Vegetables Mandarin Oranges Dinner Roll w/Margarine Milk	Ham, Green Beans & Potatoes Tossed Salad w/Egg & Croutons Diced Peaches Peanut Butter Cookie Milk	Meatloaf Fire Roasted Red Diced Potatoes Corn Fresh Pear Milk	Rigatoni w/Meat Sauce Two Bean Salad Fruit Medley Dinner Roll w/Margarine Milk	Fish Sandwich w/Cheese on a Wheat Bun Tartar Sauce Cole Slaw Melon Cup Milk	
19	20	21	22	23	
CLOSED Martin Luther King Jr. Day	Beef Stew Broccoli Salad Applesauce Whole Grain White Bread w/Margarine Milk	Baked Chicken w/Gravy Parslied Red Potatoes Glazed Carrots Fresh Orange Milk	Italian Wedding Soup Chicken Salad on Wheat Bread Tropical Fruit Milk	Honey Mustard Marinated Pork Chops Au Gratin Potatoes Baby Lima Beans Diced Pears Milk	
26	27	28	29	30	
Macaroni & Cheese Stewed Tomatoes Fruit Cocktail in Orange Jello Milk	Chicken Noodle Soup Mixed Green Salad w/Egg Pineapple Blueberry Fruit Cup Wheat Bread w/Margarine Milk	Country Fried Pork Fritter w/Gravy Mashed Potatoes Normandy Vegetables Banana Milk	Veal Parmesan Rotini w/Sauce Green Beans Cranberry Applesauce Milk	Western Frittata Canadian Bacon Cottage Cheese English Muffin w/Jelly Orange Juice Milk	

So you can enjoy a relaxed and comfortable dining experience, reservations are recommended. Please call the Center you plan on attending by 11:30 am the day before. The menu is subject to change due to typographical errors or other unforeseen circumstances.

New Year's Word Search

J	A	N	U	A	R	Y	F	R	I	E	N	A	C	E
F	R	I	E	N	D	S	Y	A	S	R	I	L	A	H
N	E	Y	S	E	R	T	I	E	M	O	W	B	L	C
B	S	I	L	Y	F	A	E	N	E	I	Y	A	E	COUNTDOWN
N	O	C	R	N	V	N	V	E	Y	D	L	B	N	
A	L	D	C	L	O	C	K	L	T	I	E	Y	D	
R	U	V	E	W	M	I	D	N	I	G	H	T	A	
V	T	O	A	S	T	W	S	N	O	L	Y	I	R	
G	I	A	N	I	N	G	S	E	V	E	U	A	R	
C	O	N	F	E	T	T	I	T	M	I	N	G	S	
R	N	O	L	C	E	L	E	B	R	A	T	I	O	
A	J	A	N	U	E	L	V	E	I	M	K	E	R	
Y	P	A	R	T	Y	H	A	A	P	Y	S	E	V	
N	E	W	Y	E	A	R	C	L	O	K	S	O	R	
S	H	A	P	P	Y	E	B	A	L	L	R	E	S	

RESOLUTION
BALL
CALENDAR
CELEBRATION
CLOCK
CONFETTI
COUNTDOWN
EVE

FAMILY
FRIENDS
HAPPY
JANUARY
MIDNIGHT
NEW YEAR
NOISEMAKER
PARTY



January Day to Remember

January 4th - Trivia Day

January 8th - National Bubble Bath Day

January 15th - National Bagel Day

January 21st - National Hugging Day

January 23rd - National Reading Day

January 24th - National Peanut Butter Day

January 27th - National Chocolate Cake Day

January 30th - National Croissant Day

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Check the expiration date

below your address



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Phone: (814) 443-2681

Somerset, PA 15501

1338 South Edgewood Avenue

Senior News

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If you would like to obtain further information about any newsletter topic or Agency services please call the Somerset office at

(814) 443-2681 or 1-800-452-0825

www.somersetaaa.org

