

# Area Agency on Aging of Somerset County



## Senior News

July 2010



### The 36th Annual Senior Picnic Sponsored by the Agency on Aging of Somerset County This Year's Theme: Mardi Gras



Thursday, August 19, 2010  
The Hay Loft  
887 West Mud Pike  
Rockwood, PA  
(Dave & Betty Lou Svonavec's)

#### **Ticket Price: Only \$7.00 per person!**

Price includes:

- ▶ Time Choices: 10 a.m. to 2:00 p.m. or 3:30 p.m. to 7:30 p.m.
- ▶ Swiss Steak New Orleans, Mardis Gras Potatoes,  
Bourbon Street Vegetables, French Quarter Fruit Salad,  
King Cake, Ice Cream Sundaes and Drinks
- ▶ Entertainment and Activities
- ▶ Games and Prizes

Tickets may be purchased beginning July 6, 2010  
at any Somerset County Senior Community Service Center  
or at the Area Agency on Aging Service Complex,  
1338 South Edgewood Avenue, Somerset.



The Pennsylvania Department of Aging's Deputy Secretary, Ray Prushnak, presents the Outstanding Volunteer of the Year Award to RSVP volunteer Dorena Hyatt for her service as an Apprise Counselor in Somerset County in the Meyersdale area. The State Coordinator of Apprise, Darlene Sampson, is pictured at the podium. Hyatt was also recognized for the most volunteer hours and for having 10 years of service here. The presentation was made on May 4 in Greensburg at the annual recognition luncheon for volunteers from the southwest region that encompasses nine counties.

## Know of Someone Who's 100 Years Old?

Should you know of anyone who has reached this remarkable milestone, please contact the Agency at (814) 443-2681 or Toll Free at 1-800-452-0825 between the hours of 8:00 AM and 4:00 PM any Monday through Friday (except those days designated as county holidays). A Centenarian certificate will be presented by the Area Agency on Aging Administrator recognizing achievement, and their biography will be featured in a future edition of the Senior News.

## Caregiver Assistance

### Windber Caregiver Support Group

July 08, 2010 at 10:00 AM

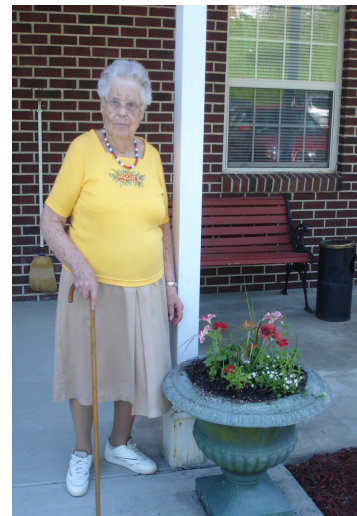
### Somerset Caregiver Support Group

July 29, 2010 at 10:00 AM

Please contact the Area Agency on Aging at (814) 443-2681 or 1-800-452-0825 for further information.



Residents of Somerset Towers were treated to an authentic English afternoon tea following a presentation by the Area Agency on Aging Apprise program recently. The presentation was part of outreach efforts to let lower income Medicare recipients know of ways to reduce their costs. The tea was prepared by RSVP coordinator, Jill Durrant, who is pictured on the left and is a native of England. The Area Agency on Aging welcomes calls for information or for appointments to be seen by calling (814) 443-2681 or your local senior center.



Katie Barndt, Somerset Senior Center participant, volunteered to fill the planters at the entrance to the Area Agency on Aging Somerset office with a mix of spring flowers.

# Medicare, APPRISE & You

The following information is provided by the Area Agency on Aging State Health Insurance Program (SHIP) known as the APPRISE Program in PA. This information is taken from the **2010 Medicare & You Handbook**.

## Who Pays First When You Have Other Insurance?

When you have other insurance (like employer group health coverage), there are rules that decide whether Medicare or your other insurance pays first. The insurance that pays first is called the “primary payer” and pays up to the limits of its coverage. The one that pays second, called the “secondary payer”, only pays if there are costs left uncovered by the primary coverage.

If your other coverage is from an employer or union group health plan, these rules apply:

\*If you are **retired**, Medicare pays first.

\*If your group health plan coverage is based on you or a family member’s **current employment**, who pays first depends on your age, the size of the employer, and whether you have Medicare based on age, disability, or End-Stage Renal Disease (ESRD):

\*If you are under 65 and disabled, your plan pays first if the employer has 100 or more employees or at least one employer in a multiple employer plan has more than 100 employees.

\*If you are over 65 and still working, your plan pays first if the employer has 20 or more employees or at least one employer in a multiple employer plan has more than 20 employees.

\*If you have Medicare because you have ESRD, your plan pays first for the first 30 months you have Medicare.

The following types of coverage usually pays first:

- \*No-fault insurance (including automobile insurance)
- \*Liability (including automobile insurance)
- \*Black Lung benefits
- \*Workers’ compensation

Medicare and TRICARE never pay first. They only pay after Medicare, employer group health plans, and/or Medigap have paid.



Sherwood and Helen Graham, participants and volunteers at the Somerset Senior Center gave their time and talent to fill the flower boxes in front of the senior center with marigolds and petunias. Helen also took diligent care of geraniums from the entrance planters over the winter months and was able to re-plant them this spring.

## Athletic Passes for Senior Citizens in the Somerset Area School District

The Somerset Area School District is offering athletic passes to Senior Citizens, age 62 and older, residing in the Somerset Area School District. The pass is for admission to all home athletic events held during the 2010-2011 school year.

There is no cost for the athletic pass. We are hopeful that many Senior Citizens will take advantage of this opportunity and support the student-athletes in the Somerset Area School District.

Senior Citizens **who reside in Somerset School District** and wish to participate are encouraged to mail their name, address, phone number, and date of birth along with a **self-addressed stamped envelope** to:

ATHLETIC OFFICE  
Somerset Area Senior High School  
645 S. Columbia Avenue, Suite 130  
Somerset, PA 15501

Passes will be available from Thursday, July 1, 2010 through Wednesday, September 15, 2010. If you have any questions, please call the Athletic Office at (814) 444-3230.

## Volunteer Opportunities Through RSVP

The Retired and Senior Volunteer Program of Somerset County provides placement services and support benefits to people age 55 and over who wish to serve their community by volunteering for one of 70 organizations county-wide. For information about these and other volunteer opportunities, please call RSVP at (814) 443-2681 or 1-800-452-0825.

**Laurel Hill State Park**-The Outpost Gift Shop is open for the season. Hours of operation will be Thursday-Monday, 10:00 AM-4 PM. The gift shop offers camping supplies, souvenir clothing and Laurel Hill memorabilia. The gift shop is sponsored by the Friends of Laurel Hill State Park and is located within the Laurel Hill Visitor Center.

**Windber Area Community Kitchen**-This faith-based service at the Calvary United Methodist Church in Windber welcomes volunteers to help cook and serve a free, healthy meal to anyone who wishes to socialize over a meal. The meal is offered the last Saturday of each month from 3 PM-5:30 PM. Full time or substitute positions are open during a four hour shift to cook, serve or clean up between noon and 7 PM.

**Blind Center**-Clients in the Meyersdale area are in need of a volunteer to provide transportation each second Tuesday of the month so they can attend a support group meeting at the senior center. The meeting is from 1-2 p.m. Volunteers would use their car to pick up and deliver clients. Some reimbursement for fuel is provided by the organization.

**Next Step Center**-The Center needs shelter hosts to work in pairs for a 2-4 hour time period once a month for 12 months. Applications, background check and orientation session are required. Duties include maintaining a safe, comfortable environment and social interaction with guests. Call RSVP to help.

**Windber Coal Heritage Center**-The Heritage Center is re-opening to provide access for locals and visitors to learn how coal has been mined over the years. Volunteers can assist in a number of jobs between 10 AM-5 PM on Thursdays, Fridays and Saturdays through October 30.

This Agency is a branch of Somerset County Government under the Commissioners of Somerset County  
Pamela A. Tokar-Ickes  
John P. Vatauvuk  
James C. Marker

Arthur N. DiLoreto,  
Administrator  
Nancy Miller, Chairperson of  
the Advisory Council.

This project is funded, in part, under contract with the PA Department of Aging.

**If you would like to obtain further information about any newsletter topics or Agency services please call the Somerset office at 443-2681 or 1-800-452-0825**

Find us online at:  
[www.somersetaaa.org](http://www.somersetaaa.org)



Return Service Requested

Website: [www.somersetaaa.org](http://www.somersetaaa.org)  
Email: [webmaster@somersetaaa.org](mailto:webmaster@somersetaaa.org)  
Fax: (814) 445-4398  
Phone: (814) 443-2681

Somerset, PA 15501  
1338 South Edgewood Avenue  
Area Agency on Aging of Somerset County

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