

Area Agency on Aging of Somerset County



Senior News

May 2009



Senior Center Volunteer Banquet



The theme for the 2009 edition of the Somerset County senior community center volunteer banquet is "Hands That Serve; Hearts That Care." This annual event, sponsored by the Area Agency on Aging, will be held on Thursday, June 11, 2009 at the Masonic Temple in Somerset. Light snacks will be served at 5:00 PM, with dinner at 6:00 PM.

The Area Agency on Aging has hosted the annual senior center volunteer events since 1980. Volunteers who have offered 35 or more hours of service to the centers are invited as guests for the evening. This year's total volunteer time generated by center volunteers is 21,919.25 hours. There are approximately 160 volunteers eligible for attendance to the recognition banquet.

Here is a list of each center with their address, telephone number and center manager. Please call and make arrangements to attend the center and volunteer your time.

Boswell Area Senior Center
332 Stonycreek Street
Boswell, PA 15531
(814) 629-9926
Center Manager: Carol Turner

Central City Area Senior Center
103 Sunshine Avenue
Central City, PA 15926
(814) 754-5615
Center Manager: Carol Turner

Conemaugh Township Area Senior Center
120 Whistler Street
Holsopple, PA 15935
(814) 479-2216
Center Manager: Maretta Thomas

Confluence Area Senior Center
700 Reynolds Street
Confluence, PA 15424
(814) 395-5117
Center Manager: Betty Mancini

Meyersdale Area Senior Center
120 North Street
Meyersdale, PA 15552
(814) 634-0713
Center Manager: Cinda Yinkey

Somerset Area Senior Center
1338 South Edgewood Avenue
Somerset, PA 15501
(814) 445-7772
Center Manager: Sandy Nicholson

CFL/Windber Area Senior Center
700 Fifth Street, Suite 200
Windber, PA 15963
(814) 467-5912
Center Manager: Eleanor Pile



Legal



Issues

A partnership between
the Area Agency on Aging
and the
Somerset County Bar Association

The topic for this month's feature is "Driver's License".

Having a driver's license is considered a privilege. Therefore it may be recalled or suspended and the privilege to drive an automobile may be revoked upon a determination of incompetency or a finding by a physician of a condition that prevents one safely operating a vehicle. Upon the report of a physician or psychologist, the Commonwealth of Pennsylvania Department of Transportation Bureau of Driver Licensing will send a letter to inform you that your license has been revoked or suspended and must be returned in approximately one month from the date of the letter.

If this occurs, the recall or suspension of a license can be appealed. A petition for appeal must be filed in the Court of Common Pleas. However, the filing of the appeal will not act as a stay or postponement of the recall of the driver's license. A hearing will be held in court sixty days from the filing of the appeal.

Next Month's Feature: Housing Options

Disclaimer: The information presented in the Legal Issues feature has been prepared for informational purposes only. It is not offered for and does not represent legal advice or a legal opinion on any specific fact or issue.

Rockwood Seniors Club

May 14, 2009

Rockwood High School

Please call Katherine Livengood at (814) 352-7655 for more details and to make reservations.

Accepting New Members!!!

Know of Someone Who's 100 Years Old?

Should you know of anyone who has reached this remarkable milestone, please contact the Agency at (814) 443-2681 or Toll Free at 1-800-452-0825 between the hours of 8:00 AM and 4:00 PM any Monday through Friday (except those days designated as county holidays).



A centenarian award from the Area Agency on Aging, celebrating 100 years of life, was presented to Rosalind I. Harkcom on her birthday, March 23, 2009 at her residence. Mrs. Harkcom lives in Berlin. Her parents were George and Lilly Walker of Shanksville. She was married to Mr. Dorse Harkcom for 60 years and they had five children. Their children's names are: Betty, Ronald, Helen, David and Colleen. Mrs. Harkcom has 11 grandchildren, 16 great-grandchildren and 7 great-great-grandchildren.

Mrs. Harkcom was a housewife/homemaker. She also was an assistant to Dr. Colvin (dentist) and worked on the PA Turnpike. She then worked at Laurel Hill Restaurant and she was a cook at the Coffee Shoppe for 7 years. She also worked with her husband at Kentucky Fried Chicken in Duncansville for 8 years.

Mrs. Harkcom likes to play cards, watch TV and visit. In the past she used to crochet; making afghans.

When asked what helped her to reach the century mark she stated that she has taken care of herself and worked hard.

Medicare, APPRISE & You

The following information is provided by the Area Agency on Aging SHIP known as the APPRISE Program in PA. This information is taken from the **2009 Medicare and You** handbook.

Can You Appeal Your Medicare Drug Plan's Decisions?

If you have Medicare prescription drug coverage (Part D), you have the right to do all of the following (even if you haven't bought a particular drug):

*Get a written explanation (called a "coverage determination") from your Medicare drug plan. A coverage determination is the first decision made by your Medicare drug plan (not the pharmacy) about your drug coverage, including whether a particular drug is covered, whether you have met all the requirements for getting a requested drug, how much you're required to pay for a drug, and whether to make an exception to a plan rule when you request it.

*Ask your drug plan for an exception if you or your doctor believes you need a drug that isn't on your drug plan's list of covered drugs.

*Ask for an exception if you or your doctor believes that a coverage rule (such as prior authorization) should be waived.

*Ask for an exception if you think you should pay less for a non-preferred drug because you or your doctor believes you can't take any of the preferred drugs for the same condition.

You or your doctor must contact your plan to ask for a coverage determination or an exception. If your network pharmacy can't fill a prescription as written, the pharmacist will show you a notice that explains how to contact your Medicare drug plan so you can make your request. If the pharmacist doesn't show you that notice, ask to see it.

A standard request for a coverage determination or exception must be made in writing unless your plan accepts requests by phone. You or your doctor can call or write your plan for an expedited (fast) request. Your request will be expedited if your plan determines, or your doctor tells your plan, that your life or health may be at risk by waiting. **If you are requesting an exception, your prescribing doctor must provide a statement explaining the medical reason why similar drugs covered by your plan won't work or may be harmful to you.**

Recipe Corner

Fruit Dip II

1 (8 ounce) package cream cheese, softened
1 (7 ounce) jar marshmallow crème

Using an electric mixer, blend cream cheese and marshmallow crème until mixed thoroughly.

Serve with fruit of your choice.

Makes 12 servings.

GATEWAY APPOINTMENTS

If you have Medicare and the ACCESS card call your Conemaugh Township Senior Center to make an appointment to talk with a representative from GATEWAY.

GATEWAY has:

- *all the benefits of Original Medicare
- *Prescription Drug Coverage
- *No monthly premiums
- *Hearing Services
- *Vision Care
- *Dental Services
- *Health and Wellness Education
- *Fitness Center Membership
- *Transportation

Conemaugh Township Senior Center phone number is (814) 479-2216.

Caregiver Assistance

Windber Caregiver Support Group

May 14, 2009 at 10:00 AM

Somerset Caregiver Support Group

May 28, 2009 at 10:00 AM

Please contact the Area Agency on Aging at (814) 443-2681 or 1-800-452-0825 for further information.

Volunteer Opportunities Through RSVP

The Retired and Senior Volunteer Program of Somerset County provides placement services and support benefits to people age 55 and over who wish to serve their community by volunteering for one of 70 organizations county-wide. For information about these and other volunteer opportunities, please call RSVP at (814) 443-2681 or 1-800-452-0825.

Senior Daily Living Center-The Center provides a home-like atmosphere for seniors 60 and older who need assistance with daily life activities when their caregiver is working or has respite needs. Volunteers at the Somerset and Meyersdale centers interact with participants by helping with crafts, exercise and singing-a-long. Piano players are always welcome.

Boys and Girls Club-The Club promotes the development of children through programs that help them learn while having fun. Volunteers are needed to assist with reading, snacks, games or home work. Set your own days and after-school times.

Heritage Education-The Somerset Historical Center offers opportunities for Somerset County children as well as those visiting from surrounding areas to learn about early agriculture and related issues in western Pennsylvania. Roles include on-site demonstrator, seasonal in-classroom demonstrations, behind the scenes prep work and many other opportunities. Share some of your time, build on an interest or skill you already have, or learn something new, with this volunteer job.

Meyersdale Train Station-This restored stations is a key stop for visitors using the Great Allegheny Passage trail. Volunteers are needed to greet visitors on scheduled days during the spring, summer and fall seasons. Contact RSVP for more information.

Camp Harmony-This camp is located near Hooversville and welcomes volunteers to join their Tuesday work group. Fellowship while fixing up for the 2009 season.

This Agency is a branch of Somerset County Government under the Commissioners of Somerset County
Pamela A. Tokar-Ickes
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Arthur N. DiLoreto,
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Cheryl Brill, Chairperson of the Advisory Council.

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If you would like to obtain further information about any newsletter topics or Agency services please call the Somerset office at 443-2681 or 1-800-452-0825

Find us online at:
www.somersetaaa.org



Return Service Requested

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